

Welcome, August!







Computer Pi

August 2025

Volume 41, Issue 8

CKCS apring



Newsletter of the Central Kentucky Computer Society® based in Lexington







August Weather in Central Kentucky



August Meetings

Dr. Fix-it & iHelp Aua. 2

Amateur Photographers Club Aug. 7, 14, 21, 28

CKCS Board of Directors (BOD) Aug. 7

> **Tech Night** Aug. 11

Windows SIG Aug. 12

All Things Apple SIG Aug. 19

Digital Photography SIG Aug. 26

Click here for the SIG calendar provided by Larry Trivette.





Not Quite As Warm As July: Climate watchers know that July 21 is often the single hottest day of the year in Lexington. The coldest day is

typically on Jan. 29, when temperatures range between 26° and 41°.) By August, the mercury begins to fall slightly. Wanderlog reports the average high in August is 86°, with 13.6 hours of daylight and an average low of 65°. The weather site describes the typical Au-

gust as "very warm, sticky." 1936 Was a Broiler: The hottest August ever recorded was back in 1936—one of the hottest summers in memory. Lexington reached a record-shattering 105° on August 19 in that year.

Will it Rain? Weather Spark notes rain chances drop during the month-with a 37% chance at the start of August, falling to only 29% by month's end.

Shorter Days: Days are also getting



shorter in August. The length of a day drops by one hour and four minutes by the time we reach the last day of the month.





Inside This Edition

Home Page	2
What We Are	4
Who We Are	5–6
All About Computer File & CKCS	7
Members–New & Renewing	8
August Holidays & Celebrations	9
August Meetings Calendar	10
President's Report	11
August Tech Night: Drones & UAVs	12
Amateur Photographers Club	13
Windows SIG Meeting	14
All Things Apple SIG Meeting	15
Digital Photo SIG Meeting	16
2025 Hall of Fame Winning Photos	17–26
Hall of Fame Photos Displayed	27
2025 Digital Photo Contest Topics	28
KyTrade	29
Fall CKCS Classes & Workshops	30–38
Quotes about August	39
Notable August Births	40–44
Your Health	45–50
This Text Isn't From Your Pharmacy	51
Your Tech	52–54
APCUG Zoom Sessions	55
Books!	<i>56</i> – <i>58</i>
Three-Month Weather Prediction	59
Time Machine	60–66
Videos & More	67

Computer File, Aug. 2025

Click or tap on a link to go there.

Aug. 2025



On the Inside





What We Are

We're located at 160 Moore Drive, #107, in Lexington. Our phone no. is (859) 373–1000. Our website is https://newsite.ckcs.org/.

If you'd like to become a member, join CKCS <u>here</u>. Donations help keep CKCS operating and are accepted <u>here</u>. We appreciate your support. Thank you.

Our monthly newsletter, *Computer File*, is available online <u>here</u>. *Click on News in the menu bar. In the drop-down menu, choose either <u>PDF</u> or <u>flip book</u> version of the newsletter.*

CKCS is a non-profit, all-volunteer organization that has been empowering people with tech skills since it formed in September 1984. People from all walks of life are members, students, officers, directors, and help man the desk. They share one goal: Helping folks get more out of technology. More than four decades after it formed, CKCS is still true to that goal. Join us as we help others.

CKCS Office Hours: Mon.–Thu. 10 A.M.– 4 P.M. (These are hours when a volunteer is at the desk.) **Phone:** 859–373–1000

CKCS is a member of <u>APCUG</u>, the international computer and tech organization.







Who We Are

These are just some of the people who make CKCS happen. There are plenty of other volunteers who give their time to make CKCS a success. We thank them.

Who's Who at Central Kentucky Computer Society

Officers

President: Brooke Thomas Vice President: Joe Dietz Secretary: Larry Trivette Treasurer: Jim McCormick

Ex-Officio Member

Bob Brown

Directors

Janet Cartmell Arleigh Kerr Larry Mitchum Pennie Redmond Paul Stackhouse

Directors

Boone Baldwin Jan Landers-Lyman Ben Rice Mike Seiler Kurt Jefferson

Webmasters

Arleigh Kerr Jim McCormick

Class Coordinator

Janet Cartmell

Office Supervisors

Nancy Bowling Jenny Brown Edith Conyers Wendell Curtis Jan Landers-Lyman Mike Seiler Lydia Short Larry Trivette

Alternate Supervisors

Debbie Bryant Joe Dietz Jan Landers-Lyman Sandra O'Neal Brooke Thomas

Continued on next page.





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Who's Who at Central Kentucky Computer Society

CKCS Calendar (Online)

Nancy Bowling Lydia Short

CKCS Calendar (Newsletter)

Larry Trivette

Newsletter Editor

Kurt Jefferson

Newsletter Proofreaders

Lynne Bowman Ben Rice Lydia Short Brooke Thomas Diane Vance Pat Vaughan Gail Waller

Manager, Constant Contact

Larry Mitchum

Refreshment Center

Jim Hughes



Website links used in Computer File are in no way associated with CKCS. In addition, the linked websites do not endorse CKCS

We include these links in this newsletter as a service to the reader. We attempt to provide high-quality content and believe the links provide a great addition to what you are reading.

Thanks for taking the time to read this newsletter and share it with others





Computer File. ckcs



Computer File is a monthly publication of the Lexington-based Central Kentucky Computer Society, founded more than four decades ago. Empowering



people with tech skills has been the goal of CKCS since a handful of interested individuals began meeting in September 1984. Today, we rely on a fantastic group

of dedicated volunteers who freely give their time.

CKCS is a non-profit organization. Your membership is vital to keep us running.

Donations help keep CKCS operating and are accepted on our website.



CKCS is a member of APCUG, the international computer and tech organization.



We appreciate your support. Thank you.



CKCS Office Hours: Mon.-Thu. 10 A.M.- 4 P.M. (These are hours when a volunteer is at the desk.) **Phone:** 859–373–1000







CKCS Membership

For the period June 21 - July 20 CKCS Board Member Ben Rice provided these names.

New members:

Melinda R. Brizendine
Patty Draus
Kimberly Hite
Carol A. Lyon
Howard V. Roberts
Sharon Saxton
Laura Zimmerman

Renewing members:

Robert & Debra Dicken Catherina McDonnell Rebecca A. Mercier Eugene Potter Gloria F. Prewitt





Mugust



HOLIDAY & CELEBRATION

Special days come from National Today & The Spruce.

Aug. 1

Homemade Pie Day

Respect For Parents Day

Woman Astronauts Day

· U.S. Air Force Day

Aug. 2
• Nat'l. CAD Day

Aug. 3

Nat'l. Watermelon Day

Clean Your Floors Day

Nat'l. Grab
 Some Nuts Day

Nat'l. Friendship Day

Aug. 4

• U.S. Coast Guard
Birthday

· Assistance Dog Day

Aug. 6

Nat'l. Root Beer
 Float Day

Farmworker

Appreciation Day

Aug. 8

Int'l. Cat Day

Aug. 9

Book Lovers Day

Nat'l. Women's Day

Aug. 10

Nat'l. Spoil

Your Dog Day

• Garage Sale Day

Aug. 13

Int'l. Left-Handers Day

Aug. 14

 Nat'l. Financial Awareness Day

· Nat'l. Creamsicle Day

Aug. 16

· Nat'l. Bratwurst Day

Aug. 17

• Nat'l. Black Cat

Appreciation Day

Aug. 18

 World Breast Cancer Research Day Aug. 19

Orville Wright's Birthday

Nat'l. Aviation Day

· World Photography Day

Aug. 21

· Nat'l. Senior Citizens Day

Aug. 22

Int'l. Tongue Twister Day

 Nat'l. Take Your Cat to the Vet Day

Aug. 26

· Nat'l. Dog Day

Aug. 28

· Nat'l. Red Wine Day

Rainbow Bridge
 Remembrance Day

comornia and b

Aug. 30

· Nat'l. Beach Day

Nat'l. Toasted

Marshmallow Day

Aug. 31

Eat Outside Day

Nat'l. Trail Mix Day

It's now August.







August, 2025 CKCS Special Interest Group (SIG) Schedule

See https://www.youtube.com/@ckcsVideos for recorded Zoom SIG meetings.Larry Trivette prepared this SIG calendar. Print this page for your refrigerator or bulletin board.

SIG calendar. Print this page for your refrigerator or bulletin board.						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
28 Jul	29 Jul	30 Jul	31 Jul	1 Aug	2 Aug	
			10 a.m. Photography Club In-Person Only		10 a.m. Dr. Fix-It & iHelp Bring your PC, Mac, iPad & iPhone problems or questions and we'll try to help. In-Person Only	
4 Aug	5 Aug	6 Aug	7 Aug	8 Aug	9 Aug	
			10 a.m. Photography Club In-Person Only 7 p.m. Board of Directors In-Person Only			
11 Aug	12 Aug	13 Aug	14 Aug	15 Aug	16 Aug	
6:30 p.m. Tech Night Drone Demos @ L.M.A.C. 4200 Hedger Ln (8 mi out Winchester Rd.) In-Person Only	7 p.m. Windows In-Person & Zoom		10 a.m. Photography Club In-Person Only			
18 Aug	19 Aug	20 Aug	21 Aug	22 Aug	23 Aug	
	7 p.m. All Things Apple Brooke, Kurt, Joe See Topics in Newsletter Via Zoom Only		10 a.m. Photography Club In-Person Only			
25 Aug	26 Aug	27 Aug	28 Aug	29 Aug	30 Aug	
	7 p.m. Digital Photography Joe Dietz In-Person Only		10 a.m. Photography Club In-Person Only			





Fall Momentum Builds at CKCS

President's Report

By Brooke Thomas

all may still be around the corner, but CKCS is already buzzing with activity! This year, we kicked off class registration early—on July 28—to give everyone plenty of time to explore offerings and secure a spot in the September sessions.

For those who prefer signing up in person or over the phone rather than online, our dedicated office supervisors will be available for the first three weeks of August. Please note they'll be taking a well-earned break from August 18 through September 1, so we encourage early registration if you'd like their assistance.

You can find full class descriptions:

- Right here in this newsletter
- On our website at www.ckcs.org under Event > Classes
- In the online store under Sign Up > Classes and Membership

Even while our office supervisors are away, CKCS continues humming along. Regularly scheduled programs like the Amateur Photographer's Club and the Digital Photography Special Interest Group will meet as planned.

You may have seen our recent call for new office staff in the newsletter or PowerPoint slides. Over the summer, one supervisor retired and several others





Made travel plans. The good news? A volunteer has stepped up to fill the retired shift, and three more are ready to serve as backup. We'll continue recruiting to ensure our team stays well-supported.

A heartfelt thanks goes out to Jan Landers Lyman, our tireless office coordi-



nator who manages the schedule and often fills in when gaps arise. Her dedication keeps the wheels turning, but we want to ensure she-and all of our

volunteers—don't get overwhelmed. If you have time to help, we'd love to hear from you! Jan will be happy to arrange a training session.

As we look toward the fall semester, it's clear our CKCS community is energized and engaged. With fresh classes, new volunteers, and continued enthusiasm, we're poised for another exciting season of learning and connection.

We can't wait to see you—whether it's in a classroom, at a SIG meeting, or around the Resource Center. Let's keep CKCS thriving together!







Tech Night



All about Drones and Unmanned Aerial Vehicles

Monday, Aug. 11, 6:30 P.M. @ the Lexington Model Airplane Club, 4200 Hedger Lane in Lexington

Ready to lift off into the world of cutting-edge tech? Join us for an exhilarating CKCS Tech Night featuring a hands-on presentation and live drone demonstration by Brandon Chevez, Ches Fuller and his son, Eli. They are passionate members of the Lexington Model Airplane Club.

• Presentation Highlights •

- General hardware related to drones and UAV's and related equipment . They may bring a large helicopter to show some of the mechanical workings.
- A brief overview of general software requirements.
- Civilian-focus drone and UAV capabilities and usage.
- A demonstration of drone sport flying. They will have a viewing screen available for you to see what the drone sees.
- FAA airspace regulations and requirements.
- A general overview of the Academy of Model Aeronautics (AMA) organization.
- Their perspective of the future outlook.

Presenters: Brandon Chavez, who's been in the model aviation industry for more than three decades. He owns Bchavez Media, a small-business aerial photography firm based in eastern Kentucky.





Ches Fuller (right) will demonstrate sport drones, used by hobbyists for freestyle and racing activities. He flies props, jets, helicopters, and multirotor drones. He works as vice-president of IT for Tempur Sealy International.



Amateur Photography Club

Meets in person on Thursday mornings at 10 A.M.













posted by our members.















Kentucky Computer Society

Call us today 859.373.1000 Email us PhotoLexington@gmail.com

160 Moore Drive, Suite 107 Lexington, KY 40503

Find us on See more of our photos and current events

Windows SIG



Join us on Aug. 12 at 7 P.M.



Topic will be announced.



In person at CKCS & via Zoom online.

Zoom here: http://us02web.zoom.us/j/82811157647

If you have a suggestion for a topic for a Windows SIG, particularly relating to a feature included within Windows, please let Ben Rice, Windows SIG Coordinator, know: **Ben.Rice@ckcs.org**



All Things SIG

Join us via Zoom on Aug. 19 at 7 P.M.

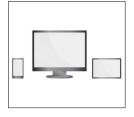
Three topics, Three presenters

Brooke will show how to use the Markup tool on an iPad to elevate both photos and notes. You'll learn how to annotate images with drawings, shapes, and text to highlight key features or add creative flair. In Notes she will show how to make handwritten sketches

Joe will discuss 'iPhone Check In.'
It's a safety feature introduced in
iOS 17 that lets you automatically
notify friends or family when you've
arrived at a destination—or alert
them if something goes wrong
along the way. In addition, he'll
show 'Share Your Location' on an
iPhone. This is a built-in feature
that lets you share your real-time
or current location with one of
your contacts.



Kurt will tackle those annoying ads that appear on websites. Your Mac's browser (including Safari, Firefox, Chrome, Opera, and others) can run ad blockers so you don't have to see those ads. In addition, there are system-wide ad blockers for macOS.



Zoom link: https://us02web.zoom.us/j/81185707914





Digital Photography Special Interest Group Tuesday, August 26 at 7 P.M.

In Person



Digital Photography with your iPhone or iPad Camera





Demonstrating various editing features of the iPhone and iPad.

Learn how to take a portrait photo of someone and create a dark background. Set your camera to utilize the rule of thirds and straighten.

Take a person out of a photo and use it in a message, email or note. Have a picture with some text in it? Apple can capture the text.



Dining in a restaurant in Italy and can't read the menu. Apple will translate it for you.

Select the best image in a live or burst photo.

Identify plants, locations etc. by just taking a photo of it.

This month's photo contest is "Food Photography."





Many of you take great pictures of food as you dine across Kentucky, the U.S., and the world. Now is the time to show them off!

Get out – take pictures and send a great picture to joedietz@aol.com by August 25.

Join us at CKCS at 160 Moore Drive on Tuesday August 26, @7 PM. Bring a Friend.



2025 Hall of Fame Winning Photos







2025 Hall-of Fame



Best of Show - First Signs of Spring -2nd Place - Carolyn Nichols



First Signs of Spring - 1st Place - Janet Cartmell



First Signs of Spring - 3rd Place -Pravin Patel



Clouds - 1st Place - Benjamin White



Clouds - 2nd Place Pravin Patel



Clouds - 3rd Place - Carolyn Nichols



What Were They Thinking - 1st Place -Jan Landers-Lyman



What Were They Thinking - 2nd Place -Pennie Redmond



What Were They Thinking - 3rd Place -







Best of Show: First Signs of Spring 2nd Place, Carolyn Nichols





First Signs of Spring 1st Place, Janet Cartmell









First Signs of Spring 3rd Place, Pravin Patel









Clouds 1st Place, Benjamin White











Clouds 2nd Place, Pravin Patel









Clouds 3rd Place, Carolyn Nichols







What Were They Thinking? 1st Place, Jan Landers-Lyman







What Were They Thinking? 2nd Place, Pennie Redmond







What Were They Thinking? 3rd Place, Arleigh Kerr



Winning Photos Greet Visitors to CKCS

Joe Dietz poses with award-winning photos displayed in late July on the walls at CKCS. Joe heads up the Digital Photography SIG which holds the monthly photo contest. The July contest is unique in that participants may submit photos in three separate categories. The annual Hall of Fame contest includes what judges consider the best entries in those three categories along with a 'Best of Show' photo.





2025 Photo Contest Topics

The CKCS Digital Photography SIG hosts this monthly contest.

By Joe Dietz



Aug.-Food photography

Sept.-Interesting faces

Oct.-Stained glass windows

Nov.-Hands

Dec.-No meeting.





Entries must be emailed to joedietz@aol.com. Good luck!

Print this list and keep it handy.









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Computer Basics for Microsoft Word for Windows Cyber Survival: How to Protect Yourself Online

Intro to Astrophotography Making a Photo Book Using Shutterfly

You Should Be Using Pages for Mac **€**

Adventures in Photography: Close-up & Macro Photography

Getting the Most Out of Your iPhone

iPad Mastery: Unveiling Hidden Features Organizing Your Computer Files on a Windows PC

Click on a title to learn more about that course.

• More courses on the next page. •

Registration starts July 28 at the CKCS store, by phone at (859) 373-1000, or in person at CKCS.



Basic Beginning Photography

Intro To Windows 11

What's New in iOS 26 for iPhone

Apple Watch: Beyond Telling Time

Using Apple iCloud for Your iPhone & iPad iPad Photos Apps: Tips, Tricks & Hidden Gems

Click on a title to learn more about that course.

Registration starts July 28 at the CKCS <u>store</u>, by phone at (859) 373-1000, or in person at CKCS.



Computer Basics for Microsoft Word for Windows

Thursdays, Sept. 4, 11, 18 & 25 and Oct. 2 & 9, 10 a.m. to noon

Your children say, 'You just do this, this and this," and you have no idea what they said. This class is geared toward simple and patient explanation of the basics of word processing and filing of documents and pictures. You will find it non-threatening, comfortable and fun.

Cyber Survival: How to Protect Yourself Online

Tuesdays, Sept. 9, 16, 23 & 30, 1 to 3 p.m.

You will learn essential strategies to safeguard your digital life in this foursession course.

Strong Passwords – Create and manage secure passwords across devices.

Multi-Factor Authentication (MFA) – Enhance protection with text codes, authenticator apps, and biometrics.

Authenticator Apps – Set up tools like Google Authenticator and Apple's built-in security features.

Passkeys – Explore password-free login technology for added security.

Exercises will focus on Apple devices, but the concepts apply to Windows and Android as well. Students should bring their computer devices (laptops, smartphones and tablets) fully charged.



Intro to Astrophotography Mondays, Sept. 8 & 15, from 1 to 3 p.m. in class and one evening when the moon will be in the first quarter.

It takes special know-how and equipment to get good photographs of the sky at night. This class will teach you the tricks and tips. The course will begin with a lecture session discussing the equipment needed to bring to the night session. The next class will be an evening of photographing with the instructors at McConnell Springs. The final class will be a review and discussion of how to post-process your photographs.

Making a Photo Book Using Shutterfly for both Mac & Windows PC

Wednesdays, Sept. 17 & 24, from 1 to 4 p.m.

Learn how to prepare pictures for a photo book, how to transfer pictures to the Shutterfly workspace, and then organize the pictures from the front to the last page of the book. Finally, we will go through the steps to order the book and apply coupons to reduce the price. We will be using a program called Shutterfly, which uses the Internet, so it will work on either a Mac or Windows PC.



You Should Be Using Pages for Mac & Fridays, Sept.19 & 26 and Oct. 3, 10, 17 & 24, from 10:30 a.m. to 12:30 p.m

Apple Pages is one of the most powerful yet easy-to-use apps made for Macs and Apple devices. You will become proficient in using this desktop publishing/word processing app.

Get Much More Out of Your Mac **◆** Mondays, Sept. 22 & 29, and Oct. 6, 13, 20 & 27, from 10:30 a.m. to 12:30 p.m.

In a hands-on classroom setting, Mac users will learn how to become much more efficient on their computers. This is for both long-term Mac users and Windows users switching to the Mac. This is the live edition of the Mac user manual, designed to help you master all the essential information you need.

Adventures in Photography: Close-up & Macro Photography

Mondays, Sept. 29 and Oct. 6, 13, 20 & 27, from 1 to 3 p.m.

Taking photographs of objects close-up or extremely close-up (macro photography) requires special skills. This class will teach you the difference between the two and the techniques to photograph objects close-up using your camera and lens. Instructors will demonstrate and explain how to use extension tubes with your lens and discuss how to determine which of the three kinds of macro lenses is best for you. Students need to bring an object to use as a subject for the class, a camera with fully charged battery, camera manual, a note pad and a tripod, if you have one.



Getting the Most Out of Your iPhone Wednesdays, Oct. 1, 8, 15, 22 & 29, and Nov. 5, from 1 to 3 p.m.

In the latest iPhone update (iOS26), many things have changed. In this class, you will learn important (and hidden) functions of your iPhone. Learn how to download apps, move them, nest them, and delete them. Learn how to get better photos with your phone, organize your pictures, and send them in text and emails. Texting messages and using Siri will also be covered. Participants should bring their fully charged iPhone and know (or bring) their passcode, Apple ID and password.

iPad Mastery: Unveiling Thursdays, Oct. 9, 16, 23 & 30, and Nov. 6 Hidden Features & 13, from 1 to 3 p.m.

Dive into the depths of your iPad and emerge a master of its capabilities. This class offers a comprehensive guide to utilizing the built-in Apple apps to their fullest potential. Tailor your iPad experience by personalizing and organizing your apps, enhancing your photos, and managing your albums with ease. Gain insights into the iPad's settings, uncover keyboard shortcuts, and add flair to your emails and texts with animations. Plus, receive practical tips on optimizing the use of Calendar, Notes, Reminders, FaceTime, and the Libby app. Transform your iPad into a powerhouse of productivity and personal expression.



Organizing Your Computer Files on a Windows PC

Tuesdays, Oct. 28 and Nov. 4 & 11, from 10 a.m. to noon.

Have you ever created a file and saved it, only to find you cannot locate it later? We will look at several strategies for organizing your files to make them easier to find. We will also learn techniques for moving files and folders on your computer and external storage devices.

Basic Beginning Photography Mondays, Nov. 10, 17 & 24, and Dec. 1 & 8, from 1 to 3 p.m.

Learn the basic functions of your camera in order to improve your photography skills. You will learn advanced techniques for the ISO, shutter speed and aperture settings, how they affect your photographs and how to control your camera's settings. The instructors will use video and lecture to demonstrate how to operate the camera. There will be specific photography assignments to practice using these settings and an opportunity to get feedback and ask questions to improve your skills. Students need to bring their camera with a fully charged battery, camera manual, and a note pad to class.



Fall Classes & Workshops

Intro To Windows 11

Tuesday, Oct. 14, from 9 a.m. to noon.

Learn what's new in Windows 11, what has changed, and how to set your PC so it's more user-friendly. If you are considering installing Windows 11 on your PC, this workshop might help you decide whether to install it. On the other hand, if you have already installed it, this workshop may help you set up Windows 11. Students are encouraged to bring their laptops if they have Windows 11 already installed. However, ensure your laptop is fully charged before you bring it to class.

What's New in iOS 26 for iPhone

Tuesday, Oct. 14, from 1 to 4 p.m.

Students will learn many of the new features of the latest iPhone operating system. There are many things being discussed for Apple's new iOS 26, such as new design, smarter Siri along with some new accessibility features and AI.

Apple Watch: Beyond Telling Time

Thursday, Nov. 20, from 1 to 4 p.m.

Join us for an engaging and informative workshop where you'll discover over 20 tips and tricks to maximize the potential of your Apple Watch! Whether you're a new user or a seasoned pro, this session will help you unlock many of the capabilities of your device. Some of the tips include the following: learn how to get help in an emergency, remove apps from your watch, make the text size larger, adjust brightness and wake duration, change the layout of your watch, mute your watch notifications, use your watch as an alarm clock, use auto pause for workouts, use your watch as a flash light and running or walking light at night, unlock your iPhone with your watch, and find your iPhone with your watch. An Apple Watch 6 will be used for demonstration. Many of the features are similar on the different series of Apple Watches that are using the current Watch operating system.



Fall Classes & Workshops

Using Apple iCloud for Your iPhone and iPad

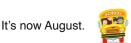
Tuesday, Dec. 2, from 1 to 4 p.m.

Learn how to take advantage of your personal iCloud account. When you purchase an iPhone or iPad you have an account set up in the cloud. Here, you store copies of your photos, contacts, messages, email and more. Students will learn how to set up this account to their best benefit. We will talk about downloading and uploading your files (to and from your iPhone or iPad). We will also discuss how to share documents and photos from iCloud. Acquiring more storage space will also be discussed.

iPad Photos App: Tips, Tricks & Hidden Gems

Wednesday, Dec. 3, from 1 to 3 p.m.

Ready to take your photo game to the next level? In this hands-on workshop, you'll uncover the hidden features of the iPad Photos App and learn the best ways to organize, edit, and share your favorite snapshots. Master the art of navigating your photo library like a pro—use the sidebar, create albums and folders, and label your images with captions. Plus, dive into editing tools, markup tricks, and ways to duplicate and share photos effortlessly, including using AirDrop for quick transfers between devices. Whether you're managing memories or crafting creative projects, this session will give you the skills to make your photo collection work for you!



Quotes About August



"August is ripening grain in the fields blowing hot and sunny, the scent of tree-ripened peaches, of hot buttered sweet corn on the cob. Vivid dahlias fling huge tousled blossoms through gardens and joe-pyeweed dusts the meadow purple."

– Jean Hershey

"Breathe the sweetness that hovers in August."

– Denise Levertov

"August is a reminder to chase dreams, savor moments, and let the warmth of the sun fill your heart."

– Lucy V. Smitty

"August used to be a sad month for me. As the days went on, the thought of school starting weighed heavily upon my young frame."

– Henry Rollins

"In August, nature whispers a secret melody hinting at the beauty that lies in the changing seasons."

– Author unknown

"I love borders. August is the border between summer and autumn; it is the most beautiful month I know..."

– Tove Jansson

"August brings the bounty of the season, we planted our garden just for this reason."

- Catherine Pulsifer

"It was August, and the fields were high with corn."

Melanie Gideon

"August is the slow, gentle month that stretches out the longest across the span of a year. It yawns and lingers on with the light in its palms.

– Victoria Erickson



"The first week of August hangs at the very top of summer, the top of live-long year, like the highest seat of a ferris wheel when it pauses in its turning, The weeks before are only a climb from balmy spring, and those that follow a drop to the chill of autumn, but the first week of August is motionless, and hot..."

- Natalie Babbitt

"August is the bridge that connects the laughter of summer with the golden dreams of autumn."

Catherine Pulsifer

"Everything good, everything magical happens between the months of June and August. Winters are simply a time to count the weeks until the next summer."

- Jenny Han

From: GoodGoodGood, QuoteGarden, Hello Fearless







By Kurt Jefferson



Sir Alfred Joseph Hitchcock is considered to be one of the most influential persons in the history of cinema. He directed more than 50 feature films during a career that spanned six decades. He is known as the "Master of Suspense," and Hitchcock's films include Strangers on a Train, North by Northwest, The Birds, The Trouble with Harry, Marnie, Vertigo, and Frenzy. He was born in Essex, England, on Aug. 13, 1899. His work included the first British "talkie" titled Blackmail, in 1929.

Born on Aug. 5, 1946, Shirley Ann Jackson did scientific research at Bell Laboratories that opened the door for others to create solar panels, fiber optic cables, touch tone phones, and other modern communication technologies. Jackson is the first Black woman to earn a doctorate from MIT. She was born in Washington D.C., and in 2002, *Discover* magazine named her one of the 50 most important women in science.



Shirley Ann Jackson, president of Rensselaer Poly Technic Institute, speaks at the annual meeting of the New Champions in Tianjin, China, in Sept. 2010. Source: Wikipedia/Creative Commons 2.0







By Kurt Jefferson



Entertainer Mike Douglas in a publicity shot taken a day and was broadcast in 171 differin 1966. Source: Wikipedia ent cities.

orn on Aug. 11, 1920, Mike Douglas was a singer, actor, and TV talk show host. Early in his life he was a choirboy. That evolved into staff singer positions at several TV stations before he joined Kay Kyser's musicians to perform as a singer. In 1961, he landed in Cleveland and started hosting The Mike Douglas Show, which became popular as Westinghouse Broadcasting syndicated the show on its own stations. In 1965, Douglas moved to Philadelphia after Westinghouse moved to that city. By 1967, his TV show was drawing six million viewers ent cities

rank Alvord Perret is especially remembered for his studies of volcanic eruptions, including Vesuvius, Kilauea and Mount Pelée. He was born on August 2, 1867. He worked to develop engines and dynamos in the labs owned by Thomas Edison in New York City. Later, his own company built elevators, which were bought by the Otis Elevator Co. In 1902, Perret became sick from what was called "nervous prostration caused by overwork." He traveled to Italy to relax and it was there that Perret took photos in 1906 of a major eruption of Mount Vesuvius. He wrote about volcanic eruptions that were said to be the clearest and most complete reports on that time period.

Frank Alvord Perret in Oct. 1909. Source: Wikipedia







By Kurt Jefferson



eteorologist Alexander George McAdie pioneered the use of kites to study air conditions at high altitudes. He was born Aug. 4, 1863, and joined the Army Signal Service in college. The Army Signal Service became the U.S. Weather Bureau. He became a professor of meteorology at Harvard and studied experiments done by Ben Franklin involving weather, lightning, and the impact of smoke to the atmosphere. He authored a cloud atlas, and testified that the electric chair was a cruel means of executing prisoners after he saw impacts of lightning.

Alexander McAdie circa 1885 wearing his military uniform while he was in the Army Signal Service. Source: Wikipedia

alled "the Voice," Whitney Houston was one of the most awarded performers in history. She was a U.S. singer, film producer, actress, and philanthropist. Born in Newark, N.J. on Aug. 9, 1963, Houston made Rolling Stone magazine's list of greatest singers of all time in 2023, ranking second place. She scored the best-selling debut record album by a solo artist in history. Houston was also the first person to debut with a number one song atop both the U.S. and U.K. music charts. She is one of the best-selling music artists of all time, selling more than 220 million records all over the world. Houston was a cousin of singer Dionne Warwick and opera singer Leontyne Price.

Whitney Houston in 1991 honoring troops serving in Operation Desert Storm during an HBO-televised concert. Source: Wikipedia/PH2 Mark Kettenhofen

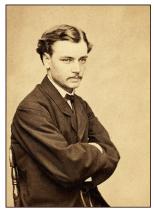








By Kurt Jefferson



Robert Todd Lincoln was born on Aug. 1, 1843, in Springfield, Ill. He was the oldest son of Abraham Lincoln and Mary Todd Lincoln. Historians point out that Robert was the only child of the Lincolns to live past his teenage years and outlive both parents. He was a lawyer and a businessman who became the U.S. Secretary of War and the U.S. Minister to the United Kingdom. On the evening of his dad's assassination, Robert had rejected an invitation to Ford's Theatre, citing fatigue after he had spent considerable time in a covered wagon on the Civil War battlefront.

Robert Todd Lincoln circa 1865. His photo was taken by famous Civil War photographer, Matthew Brady. Source: Wikipedia

Rachel Ray, born in Glens Falls, N.Y., on Aug. 25, 1968, is a U.S. cook, writer, businesswoman, and host of a syndicated TV show about cooking, recipes, and preparing foods. Her TV shows have won three Daytime Emmy Awards. One of Ray's specialty foods is hamburgers. She has written several dozen cookbooks, including one called *The Book of Burger*. 18 years ago the Oxford American College Dictionary included the term EVOO after Ray popularized it on her TV show. It stands for extra-virgin plive oil



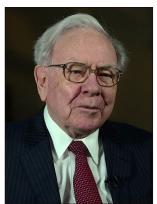
Rachel Ray appearing in 2007 for The Heart Truth, a campaign designed to raise awareness about heart disease in women. The campaign's logo is a red dress. Source: Wikipedia/CC 2.0 License.







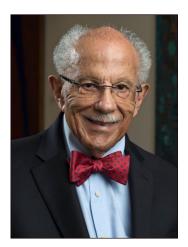
By Kurt Jefferson



Buffett is one of the best known investors in the world. He is CEO of Berkshire Hathaway. In May 2025, Forbes named Buffett the fifth-richest person in the world. He has pledged to give away 99% of his wealth to philanthropy. As a youngster, he worked at his grandfather's grocery store. Buffett also started several money-making ventures as a child, selling weekly magazines, Coca-Cola, golf balls, stamps, and chewing gum.

Warren Buffett shown at the 2015 SelectUSA Investment Summit. Source: Wikipedia

Porn in Portland, Oregon, on Aug. 28, 1936, Dr. Warren M. Washington was an acclaimed climate scientist and scholar. He was recognized across the world as an expert in computer modeling of the earth's climate and the atmosphere. He advised six U.S. presidents on climate change and headed the National Science Board. He received the National Medal of Science and, in 2020, had an award named in his honor by the American Meteorological Society.



Dr. Warren M. Washington was only the second African-American in the U.S. to earn a doctorate degree in meteorology from Pennsylvania State University. Source: Wikipedia/CC 2.0 License.



By Kurt Jefferson

You might want to put down that bowl of ice cream and switch to a different bedtime snack. Pistachios were shown to alter gut bacteria and help prevent diabetes in a study by



Pistachios

Penn State University. ScienceDaily writes that research shows replacing nighttime carbohydrateladen snacks with pistachios may beneficially alter the gut bacteria

for people with prediabetes. ScienceDaily reports, "Researchers observed that consuming about two ounces of pistachios each night for 12 weeks resulted in significantly different stool microbial community profiles compared to those who consumed the recommended 15 to 30 grams of a carbohydrate snack." This study involved 51 adults with prediabetes. One-third of all people in the U.S. have diabetes and most of those will develop Type 2 diabetes, according to ScienceDaily. This research is one step toward learning how to prevent that.



n July 5 of this year, Nash Keen celebrated a record event-his one-year-old birthday in Iowa City. It was a one-of-a kind event because he was the most premature baby ever recorded. He was "133 days earlier than the expected due date and weighing only ten ounces-about the size of a bar of soap," reported MedicalXpress. One birthday gift came from the Guiness World Records awarding Nash status as the world's most premature baby.

hat eventually became the deadliest flu pandemic in history is the focus of researchers in Switzerland.

1918 Spanish Flu

They studied the virus from the 1918 'Spanish flu' (also known as the Great Influenza pandemic) that had infected a Zurich patient many years ago. Science Daily reports that scientists discovered recently that at the very beginning of the deadly pandemic the virus had already adapted so it could infect humans more easily and was immune-resistant. Researchers from the universities of Zurich and Basel believe this study will help as humans try to tackle future pandemics. The 1918 pandemic erupted during the end of WWI and some reports say the Spanish flu had unusually high mortality rates for younger people. Nearly one-third of the entire global population was infected with the first recorded case in Kansas, in March 1918.



By Kurt Jefferson

A nimal lovers may find this study especially interesting. ScienceDaily reports, "Dogs trained to detect Parkinson's disease using scent have shown remarkable accuracy in new

research." It turns out that those specially-trained canines have a 98% accuracy rate. Humans who have Parkinson's give off an odor that spe-



cially-trained dogs are able to detect years before symptoms occur. Doctors are not able to detect these markers of the disease. The study was a collaboration of Medical Detection Dogs and the Universities of Bristol and Manchester in Great Britain and was published in The Journal of Parkinson's Disease.

at lovers might find this tidbit interesting: our feline pets prefer to sleep on their left side for survival reasons, reports <u>ScienceDaily</u>. "This sleeping position



activates the brain's righthemisphere upon waking, perfect for detecting danger and reacting swiftly. Left-side snoozing may be more than a preference; it might be evolution's secret trick." Germany's Ruhr University Bochum performed the study. Doctors say there are also good reasons for humans to sleep on their left side. Healthline reports this position can improve digestion, reduce heartburn, helps waste move through the colon more effectively, and reduces snoring and sleep apnea.

Stevia has become one of the most popular sugar substitutes. Now, researchers have discovered that stevia can destroy pancreatic cancer cells after it has been fermented with "bacteria"

isolated from banana leafs," reports <u>MedicalX-</u> press.

<u>press.</u> A group of

researchers at Hiroshima University determined while the fermented stevia kills those pancreatic cancer cells it does not do any harm to a person's healthy kidney cells. MedicalXpress notes that pancreatic cancer only has a five-year survival rate of less than ten percent. The number of people diagnosed with pancreatic cancer is climbing and this study may open the door to an effective means of reducing those cancer deaths

By Kurt Jefferson

Time to ask: have you had your flavonoids today? Flavonoids may slow aging and increase your brain health. Studies show simply increasing your daily dosage of these substances might really pay off. Flavonoids are found in foods such as apples, tea, berries, dark chocolate, red wine, citrus fruits and elsewhere. News-medical.net details a study that included participants who were 60 and older. Individuals consuming the



most flavonoids showed a "modestly reduced risk of physical impairment, poor mental health, and frailty in women; however, in men, the primary benefit observed was a reduced risk of poor mental health rather than improvements in frailty or physical function." The article adds, "The results indicate that flavonoid-rich

foods such as tea, apples, blueberries, and red wine could be a simple strategy to support healthy aging."

re soybean and corn oil actually healthy rather than detrimental to one's health? ScienceDaily reports, "A new study is



turning heads by challenging the popular belief that seed oils are harmful to health. Researchers analyzed blood markers from nearly 1,900 people and found that higher levels of linoleic acid – an omega-6 fat commonly found in seed oils – were linked to lower inflammation and better cardiometabolic health."



Jackie calls her friend to say, "Hey, let's take this CKCS class together, okay?" Registration began July 28.





By Kurt Jefferson

Ider Adults May Improve Deep Sleep With Noise reads a headline from the Sleep Foundation. The report describes research in Switzerland showing that pink noise might improve brain activity of older adults during deep sleep. What's pink noise? Reports say pink noise has a deeper sound "with more power at lower frequencies making it generally more soothing than white



noise," writes Duck-Duck Go's Al engine

using WebMD and Medical News Today. That Zurich study of 16 adults between 62 and 78 showed pink noise during deep sleep increased slow waves in the brain for some. Another study at Northwestern University used pink noise to create more deep sleep among participants. Doctors say slow wave activity is important because it helps create memories. Some air purifiers and noise machines produce pink noise to improve sleep.



A re lefthanded individuals really more creative? Cornell University dug through 100 years worth of studies to conclude the answer is no. So while many people believe that lefties are born with more creative genius, <u>ScienceDaily</u> reports the new study says it just isn't so.

You may have seen plenty of stories in recent months about the importance of having good gut bacteria. Now a new study outlined in Medicalx-Press shows that almost one out of four babies share a greater risk of acquiring

asthma, allergies, or eczema by age two because they lack "enough healthy gut bacteria essential for

ge ey te-

training their immune systems."
Details were described in communicationsbiology, and the article told how the gut biome of 412 infants was analyzed.

ee the complete list of CKCS fall classes and workshops in this

newsletter. Students are already going back to school and fall will be here before you know it. Register now if you haven't already!





By Kurt Jefferson

There's a new tool now available to measure just how fast you're aging. One MRI snapshot of your head can predict your chances of dementia, being disabled, and

how quickly your body is aging. Researchers at Harvard, Duke, and the University of Otago in New Zealand created the tool called DunedinPACNI.



ScienceDaily reports it used data from 860 New Zealand participants who got brain scans when they were 45 years old.The next goal is to analyze brain scans of people from the U.S., Canada, the U.K., and Latin America

A new study from the University of California-Davis reveals that the urine collected from 201 toddlers in four states contained 96 chemicals. Many of those chemicals, reports ScienceDaily, have been

connected to hormone and brain disruption, and are unmonitored. The study results were



published in *Environmental Science & Technology*. Samples collected were from children in California, Georgia, New York and Washington State.

Ightmares invading your sleep? Cheese or other milk products could be a culprint, reports ScienceDaily. Researchers quizzed more than 1,000 students about how well they sleep and what they eat. It



turns out there's a link between nightmares and lactose intolerance. Those performing the study believe gas and/or stomach

pain during sleep might be connected to one's dreams. Frontiers in Psychology detailed the research.

ow do people who've never reached for a cigarette develop lung cancer? A study by the University of California-San Diego and Na-

tional Cancer Institute (NCI) shows that "air pollution, traditional herbal medicines and other environ-



mental exposures are linked to genetic mutations that may contribute to the development of lung cancer in people with no or hardly any history of smoking," reports MedicalXpress.



By Kurt Jefferson

ne in eight men will be diagnosed with prostate cancer in his lifetime according to the American Cancer Society. Prostate cancer is the second leading



cause of cancer death in American men after lung cancer. Now researchers have discovered that the body's immune system might be helping prostate cancer grow. It turns out that a group of cells called macrophages "appear to shield tumors from attack," writes Medi-

calXpress. Researchers at the Fralin Biomedical Research Institute Cancer Research Center in Washington D.C. discovered that blocking those cells in mice could slow the spread of cancer. The research included work by Virginia Tech, Harvard Medical School, Massachusetts General Hospital, the University of Chicago, and Sweden's Karolinska Institute.

ohns Hopkins University has developed an advanced AI (artificial intelligence) model with a track record much better

than doctors at pinpointing people who will suffer cardiac arrest. <u>ScienceDaily</u> reports the model digs through MRI scans of the heart

and a patient's entire medical records to select people who are vulnerable. "The federally-funded work, led by Johns Hopkins University researchers, could save many lives and also spare many people unnecessary medical interventions, including the implantation of unneeded defibrillators," writes ScienceDaily.

Virtually immersing oneself in nature can alleviate stress according to researchers in Germany. More than 130 people were placed in a high-stress environment, according to the Max Planck Institute website. Those same individuals

were provided VR (virtual reality) glasses and got the feeling they were surrounded by Europe's largest Douglas fir



forest. Participants who got the full sensory experience-including forest sounds and the smell of the trees-saw their moods greatly improve. Researchers use the phrase "virtual forest bathing" to describe participants exposed to natural forest sites, sounds, and smells through special VR glasses.



Don't Be Fooled By This Text. It's Not From Your Pharmacy.

By Kurt Jefferson

f you regularly get text messages from your pharmacy urging you to refill a prescription or alerting you that your medicine is ready to be picked up, you might easily be fooled by this latest scam.

It's not legitimate. It's not from your pharmacy. In addition, don't respond. By replying to this message, you're only confirming that you have a working account, you've read the message, and you've opened the doors for even more slime.

Text Message • SMS Today 2:07 PM

Time to get your prescription refilled. Review details and new information:

https://rxinform.org/m/

Reply 1 to opt-out Responde SI para Espanol

The sender is not in your contact list.

Report Message

In addition, in late June the FBI issued a warning urging those in the U.S. to be on the lookout for criminals posing as health



insurers and fraud investigators.
They're sending text messages and
emails to patients trying to trick them
into into providing personal health
information, medical records, and
personal financial details.

The Healthlawrx.com website details the scams and tells how this latest FBI warning resembles a recent alert from the Centers for Medicare and Medicaid Services (CMS).

If you've been a victim of one of these scams, the FBI urges you to contact them at their Internet Crime Complaint Center here: https://www.ic3.gov/



Your Tech

By Kurt Jefferson

recent June report from <u>StatCounter</u> shows the open-source operating sys-

tem, Linux, now has the largest share of U.S. computer users in its history. 5.4% of all desktop computer users are now using Linux, compared with 63% using Windows; and Apple's Mac operating



States, breaking the five percent barrier for desktop operating system market share for the first time." TechSpot notes that "Windows"



remains the clear leader, commanding 63.2% of the market, but it has experienced a steady decline, losing nearly 13 percentage points over the past ten

years." Noting the growing share of Linux users, TechSpot adds, "This trend indicates a growing interest among American computer users in seeking alternatives to mainstream platforms."

ant to hide Al-created images in your Internet searches? You might consider using the DuckDuckGo browser. The security oriented company has released a browser feature that "greatly reduces the number of Al-generated images you see." DuckDuckGo uses lists from the browser extension uBlock Origin and Ublacklist, reports PC Mag. As the tech website notes "whether you're



trying to escape from political disinfor-

mation or simply avoid Al-assisted cyberscams, Al images are becoming increasingly hard to avoid in the world of search."

ugust is backto-school time
for many students, including
adults. If you've
been considering
taking a course at
CKCS, now is the
time to register!





Your Tech

By Kurt Jefferson

to5Mac claims "this upcoming iOS feature will make spam phone calls an issue of the past." The latest version of the iPhone operating system called iOS 26 will offer call screening. "When an unknown phone call arises, your iPhone will no longer ring to you directly," writes 9to5Mac. The

iPhone will answer the call and ask the



identity and reason for the call. Some folks have become so tired of spam phone calls, they've given up using a phone. <u>Truecaller</u> reports Americans receive, on average, 3.3 billion junk phone calls every month. In the last 12 months alone, the site says Americans wasted an estimated 260 million hours answering spam phone calls.

eil Rubenking writes for PCMag that he has installed a new anti-virus for either Windows or Mac nearly every week. "If you're lucky, you just do it once," he writes. He offers tips from his nearly 40 years



of experience with anti-virus software. One of his major suggestions: If you pay for an app, make sure you use

all of its features. PCMag lists what it considers the best Windows anti-virus apps here. You'll find PC Mag's list of its recommended anti-virus software for Macs here. The list for Linux from Safety Detectives can be found here.

f you're still running the Big Sur version of macOS, Google announces that its Chrome browser will no longer work on that old oper-



ating system. In addition, Macworld reports that Chrome

security patches and bug fixes will no longer be issued for Macs running Big Sur. Chrome version 139 requires macOS 12 (called Monterey) or later. Apple stopped supporting Big Sur in July 2023. Big Sur was the successor to macOS Catalina.

oin us for backto-school classes and workshops at CKCS. You'll find the list of courses in this newsletter!





Your Tech

By Kurt Jefferson

s your Android phone slowing down? CNET provides what it calls quick fixes to possibly make your phone "feel brand new." One quick tip involves turning down your screen's brightness. "The brighter the screen, the more battery power it uses," writes CNET.

If you want even more Android tips, check out <u>Computerworld's</u> "20 Advanced Android 15 Tips." Here, you'll discover tips for Android 15 ranging from stopping nuisance notifications to using smarter sounds.

ds often make us want to say "enough is enough." Some naysayers say they are too many ads and too few creative ones. But a new ad for Apple Intelligence on an iPhone 16 has gotten traction and shows how "Apple's Tech Impresses Everyone But Garrett the Cat and

Windows 11 has finally taken over Windows 10, declares <u>TechPowerUp</u>. The site writes, "A new king has been crowned. As of July 2025, data from StatCounter shows that Windows 11 now runs on 51.77% of all Windows PCs, overtak-

His Loyal Owner," writes Adweek.

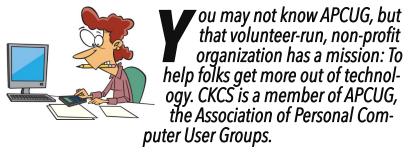
ing Windows 10's 45.02% share for the first time.

igh-speed fiber optic cable Internet provider, Metronet, is now under the umbrella of wireless phone provider, T-Mobile. In July, the F.C.C. approved a T-Mobile bid to acquire Metronet. It's part of a joint venture with investment firm KRR. Metronet serves two-million subscribers, including in Kentucky, those in Lexington, Nicholasville, Wilmore, Versailles, Midway, Richmond, Berea, and Paint Lick.

oogle is launching Web Guide, a way of using Al to "make it easier to find information and web pages," according to a Google blog. Web Guide may be a glimpse into the future as more of us start using Al, rather than search engines, to ask the Internet for help. Web Guide is still experimental, but might show the way to the future as artificial intelligence matures and is more widely used by average Internet searchers.



APCUG



APCUG is cross-platform, meaning it deals with major operating systems including Windows, macOS, Linux, iOS, Android, and Chrome.

It's a far-reaching group that is international in scope. Canadian and Australian tech groups are members of APCUG.

If you've never joined an APCUG Zoom session, try it out. You will learn an amazing amount at Wednesday Workshops & Saturday Safaris.

> See what you can learn. Treat your brain.





































BOOKS











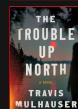
























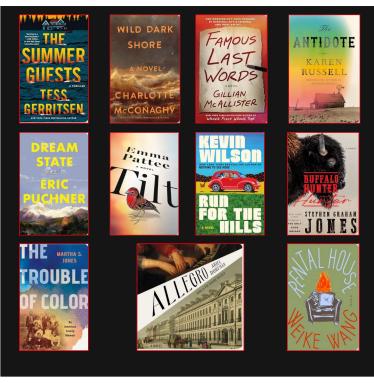
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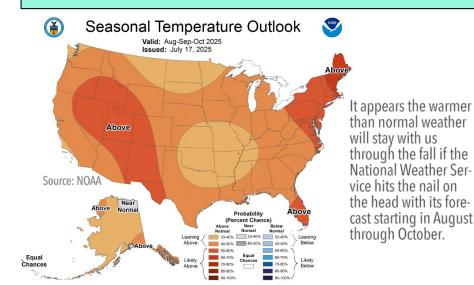


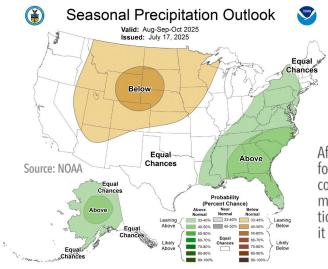






Three Month Weather Prediction





After a dry summer for many of us, we could see above normal rainfall if the national forecasters get it right.

> school See



Stagecoaches from the California Company leaving the International Hotel in Virginia City, Nevada. The coaches are headed for California via Donner Lake.

Published in 1866 from a half-stereograph albumen photo. This photo is part of the Lawrence & Houseworth Collection.





Executive offices of Wells, Fargo & Company in San Francisco. Wikipedia notes, "Henry Wells and William G. Fargo, who founded American Express along with John Butterfield, formed Wells Fargo & Company in 1852 to provide "express" and banking services to California, which was growing rapidly due to the California Gold Rush. Its earliest and most significant tasks included transporting gold from the Philadelphia Mint and "express" mail delivery that was faster and less expensive than U.S. Mail."

Published by Lawrence & Houseworth in 1866.





Shot in August 1916, students and teachers stand in front of the Bush School in Clark County, near Winchester. Photo taken by prolific photographer Lewis Wickes Hines (1874–1940), as part of the National Child Labor Committee Collection of photos. Photo is from a black and white print.





A telegraph lineman working on lines in rural Kentucky in the summer of 1916. Photo taken by prolific photographer Lewis Wickes Hines (1874–1940), as part of the National Child Labor Committee Collection of photos. Photo is from a black and white print.



Going Back in Time For a Look at the Past



Mrs. Bernard Gimbel, wife of the New York Gimbel Department Store magnate, displays her winning horses after capturing first and second place at the National Capital Horse Show in Washington D.C. Her horse, Capt. Doane (left), won first place, while Welcome (right) won second prize in the Ladies Hunters Class. "Capt. Doane is the \$12,000 horse who has been capturing many blue ribbons in eastern horse shows recently," writes the Library of Congress. Photographer is Harris & Ewing Company. Photo taken on May 18, 1928.



Going Back in Time For a Look at the Past



One of the early pioneer women of the Oklahoma panhandle dust bowls. Photo taken by Arthur Rothstein (1915–1985). From a black and white nitrate negative. Photo taken in April 1936 as part of the Office of War Information Collection.





Son of a farmer living in Cimarron County, Okla., during the Dust Bowl era. Photo taken by Arthur Rothstein (1915–1985) on a black and white print negative. Taken in April 1936.



Videos & More

35

Top Ten Lost Hits from 1965 https://www.voutube.com/shorts/dcFDRsMiRF4

Johnny Carson's Favorite Guests on the Tonight Show https://www.youtube.com/watch?v=iAd4KvJsOLs

18 of the Golden Girls Most Epic One Liners https://www.youtube.com/watch?v=BYTgkDmxVuA&t=164s

Guess the 70s TV Show Theme https://www.youtube.com/watch?v=dlEglUjcgHA

Ten Catchiest TV Theme Songs from the 70s https://www.youtube.com/watch?v=JojSWzNbSio

Cheap Europe Travel Secrets https://www.youtube.com/watch?v=wH1KRudNbQw

The Best Cheap Flight Websites Nobody Talks About https://www.youtube.com/watch?v=Kz79SIBsbVQ

The Secret to Buy Flights in 2025 https://www.youtube.com/watch?v=Jba5fizHokA

Consumer Reports Breaks down the Top Ten Most Reliable Used Cars https://www.youtube.com/watch?y=UPyAReVtk Q

17 Cheap Cars that Simply Never Break Down https://www.youtube.com/watch?v=lzS_Y780knU

This Contestant Doesn't Even to be on The Price is Right https://www.youtube.com/watch?v=89EbXuvc-S4 Fall Gardening in Kentucky
https://www.youtube.com/watch?v=sB1WmEWtd6Q

I Am Starting Right Now From Seed for Fall https://www.youtube.com/watch?v=9g89Rx1gyqY

Secrets to Fall Vegetable Gardening https://www.youtube.com/watch?v=VBvuUyy92_k

Stick a Rose in a Potato https://www.youtube.com/watch?v=pWcYoxBwJqU

Bringing Home a Rescue Dog https://www.youtube.com/watch?v=MfV97DUpWiQ

Tips for Adopting a Cat from a Shelter https://www.youtube.com/watch?v=DKdOEEbqiC8

Carol Burnett Show: Side Effects May Vary https://www.youtube.com/shorts/2wTWk8boeSQ

How to Find the Best Mattress https://www.youtube.com/watch?v=8R9I2UZcRT8

CBS Outtakes & Bloopers https://www.youtube.com/watch?v=ulfiZA3KBEk

Gunsmoke Opening & Closing Theme (1955–75) https://www.youtube.com/watch?v=FcEbkM5Z3yA

Bonanza: Episode 25 https://www.youtube.com/watch?v=Q2xTQIPOUOE

Bonanza: Episode 150
https://www.youtube.com/watch?v=obGlDoDCeRc

It's now August.