Oct. 2024

On The Inside

We hope you enjoy this edition of Computer File.

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Editor's Note:

You may have heard the quote:

"Patience, persistence, and perspiration make an unbeatable combination for success."

One week before the deadline for sending out this newsletter, storms struck and knocked out my home Internet service. "There is a disruption in your neighborhood," repeated the automated phone voice. So I packed up my Mac mini, monitor, and trackball and headed for CKCS.

I used the computer society's Internet service to create a portion of this newsletter. A couple of days later, remnants of Hurricane Helene struck. Portions of the southeast U.S. are dealing with major destruction. Central Kentucky was reeling from downed trees, dark stoplights, power outages, and too much rain. Several folks who normally proofread this newsletter lost power so they couldn't view the newsletter. In addition, I am still learning the very powerful app, Affinity Publisher. So if you spot mistakes, please bear with us. Thanks for understanding.   *Kurt Jefferson*

Liz Rodgers, chief information officer for Lexington Mayor Linda Gorton's office (right), presents a certificate to CKCS president, Brooke Thomas, recognizing the computer society for its four decades of service to central Kentucky. The roots of Central Kentucky Computer Society go back to September 1984 when a small group of computer enthusiasts met in various Lexington businesses.
Photo: Kurt Jefferson

A cake sporting the CKCS logo, colors, and years of service to central Kentucky before those attending the 40th anniversary celebration on September 9 began eating the sweet treat.
Photo: Kurt Jefferson

In honor of the CKCS 40th anniversary, we are renaming this newsletter *Computer File*.

People Make It Happen
By Kurt Jefferson

At the end of the day–as the British are fond of saying–CKCS wouldn't have lasted four decades without its dedicated volunteers. These are folks who don't get a penny for donating their time, effort, and yes, sweat, to make CKCS happen. Thanks to all of the current and former volunteers no longer with us.

Plaque Honoring 40 Years of Service to central Kentucky

Dozens of folks attended the 40th anniversary celebration for CKCS in early September. Photo: Boone Baldwin

Here's what the plaque says:

Whereas, the Central Kentucky Computer Society has been a cornerstone of technological education and community engagement in our region since its founding, and

Whereas, the group is celebrating its 40th anniversary, marking four decades of outstanding service and commitment to the community; and

Whereas, the Central Kentucky Computer Society has provided invaluable resources, classes, workshops, and presentations to individuals of all ages, fostering a greater understanding and appreciation of technology; and

Whereas, the organization has continually adapted to the evolving technological landscape, ensuring that its members and the broader community remain informed and proficient in the latest advancements; and

Whereas, the dedication and volunteer efforts of its members, including officers, directors, office workers, instructors, and special interest group leaders, have significantly contributed to the group's success, and enriched our community, and

Whereas, the organization has played a vital role in promoting digital literacy, supporting lifelong learning, and enhancing the quality of life for residents of the Bluegrass.

Now, therefore, I, Linda Gorton, Mayor of Lexington, Do Hereby Declare Sept. 9, 2024, Central Kentucky Computer Society Day in Lexington.

Signed, Mayor Linda Gorton

A large-screen TV display created by CKCS board member, Larry Mitchum, shown during the anniversary celebration on the CKCS wall. The slide was part of a rotating Keynote display showing people involved with CKCS over the years, CKCS meetings, a CompuLex sign, and photos of a modem that Paul Stackhouse used to run the CKCS Bulletin Board out of his house decades ago. (Keynote is the Apple slideshow app, similar to PowerPoint.)

Photo: Joe Dietz

Tables of food provided for those visiting the CKCS 40th anniversary gathering.

Photo: Joe Dietz

October Meetings

CKCS Board of Directors
Oct. 3

Dr. Fix-it & iHelp
Oct. 5

Amateur Photographers Club
Oct. 3, 10, 17, 24, & 31

Windows SIG
No Meeting

Tech Night
Oct. 14

All Things SIG
Oct. 15

Digital Photography SIG
Oct. 22

Who's Who at CKCS?

Officers
Tenure ends June 2025
President: Brooke Thomas
Vice President: Joe Dietz
Secretary: Larry Trivette
Treasurer: Jim McCormick

Ex-Officio Member
Bob Brown

Directors
Tenure ends June 2026
Boone Baldwin
Jan Landers–Lyman
Ben Rice
Mike Seiler
Kurt Jefferson

Tenure ends June 2025
Janet Cartmell
Larry Mitchum
Paul Stackhouse
Pennie Redmond
Arleigh Kerr

Webmasters
Arleigh Kerr
Bob Brown
Wendell Curtis

Class Coordinator
Janet Cartmell

Office Supervisors
Jenny Brown
Bob Brown
Jan Landers–Lyman
Mike Seiler
Larry Trivette
Wendell Curtis
Nancy Bowling
Lydia Short
Edith Conyers

Alternate Supervisors
Sandra O'Neal
Debbie Bryant
Jan Landers-Lyman
Joe Dietz
Brooke Thomas

CKCS Online Calendar
Lydia Short
Nancy Bowling
Wendell Curtis

CKCS Newsletter Calendar
Larry Trivette

Newsletter Editor
Kurt Jefferson

Newsletter Proofreaders
Ben Rice
Brooke Thomas
Gail Waller
Pat Vaughan
Lydia Short
Diane Vance
Lynne Bowman

Constant Contact Manager
Larry Mitchum

Refreshment Center
Jim Hughes

Website links used in the CKCS newsletter are in no way associated with CKCS. In addition, the linked websites do not endorse CKCS.

We include these links in this newsletter as a service to the reader. We attempt to provide high–quality content and believe the links provide a great addition to what you are reading.

Member of
apcug

CKCS Membership

New members:
Fran F. Allen
LuAnn M. Burnett
Charles Chan
Kathy Cleary
Charolitte Hazeltine
Sherry D. Lackey
Sue E. Moores
Janis B. Strassner
Lynn Vera

Renewing members:
R. Leigh Buckley
Ramona Burger
Sam D. Carneal
Sandy Gaunce
Gerard R. Gerhard
Flora L. Guter
Kurt Jefferson
Robin K. Jones
Bruce H. Koffler
Elaine Larson
Judith Moore
James G. & Helen H. Pope
Mary A. Szeluga

How Do I Become a Member?

There are three ways to join CKCS.

Visit the CKCS website here and choose a membership:

1. Individual, family, or corporate/institutional membership.

2. Call CKCS at (859) 373-1000 and tell the person manning the desk which membership you want. Pay by credit card.

3. Visit CKCS in person at 160 Moore Drive, #107 in Lexington. A volunteer will greet you at the desk during office hours. If you're unfamiliar with the location, look for the CKCS signage located at the front of the parking lot.

President's Report
By Brooke Thomas

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October is underway at CKCS. Join us!

By Brooke Thomas

A new season has begun as CKCS celebrates its 40th year. Join us during October. We offer everything from Tech Night to classes & workshops to SIG meetings to iHelp & Dr. Fix-it…

Make CKCS a part of your monthly routine this month!

Who's 40 Now? We Are!

It's hard for many of us to remember the world before the Internet and a time when personal home computers were as rare as a unicorn showing up at a UK basketball game. (Statista reports that only 8.2% of American homes owned a personal computer of any type back in 1984, so it was still quite uncommon.)

Those computers were still very expensive, heavy, and drew many early adopters and the curious who wanted to see what all the excitement was about. Half the battle was learning how the operating system and apps worked.

In that setting, CKCS started operating in September 1984.

Eight months before, Apple had just introduced its Macintosh line of personal computers. In March of that year, IBM launched its IBM PC Jr. Machines. This was about to get interesting.
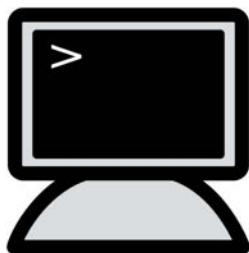
Radio Shack's TRS-80 Model 1 with Expansion Interface and display. More than 2.4 million TRS-80 microcomputers were sold. The machine started selling in August 1977. Photo: Rama & Musée Bolo

President's Report
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October is underway at CKCS. Join us!

The smart folks who had the foresight to create CKCS knew what was coming. They weren't sure how popular personal computers would be or when they would infiltrate people's homes and workplaces.

They did know that computer users needed somewhere to turn for help in learning how to operate those shiny, new machines.

Courtesy: OpenClipart-Vectors/Pixabay

CKCS filled that void. It empowered early computer users just as it does today. It showed people they could do it.

They could learn not to be intimidated by a DOS C: prompt or not to give up after failing to locate their valued spreadsheet files stored on their Macs. Software drivers nearly caused DOS and Windows users to cuss in those early days. "I cannot get the printer to work!" was a common refrain among early PC adopters.

As CKCS celebrated its 40th anniversary in September, for many, it was a trip down memory lane filled with stories about how CKCS formed and grew over the years. The event was a nostalgic journey, filled with pictures and stories that highlighted not only our achievements and milestones but also the people who made them possible.

Photo: Joe Dietz

Liz Rodgers, Chief Information Officer and the mayor's representative, presented a proclamation from the mayor of Lexington.

This document recognized CKCS's unique vital role in promoting digital literacy, supporting lifelong learning, and enhancing the quality of life for people in the Bluegrass.

To honor the unique contributions by CKCS, the city declared Sept. 9, 2024, "Central Kentucky Computer Society Day," a special date set aside to reflect on just how much this organization has given back to the community.

October is underway at CKCS. Join us!

Midway through the celebration, attendees enjoyed refreshments arranged by the refreshment committee, led by Janet Cartmell and Jenny Brown.

Long-time members Bob and Jenny Brown, along with Paul and Heidi Stackhouse, were honored for their many years of service to CKCS.

BBS Paul shared insights into the early years of CKCS, including details about the Bulletin Board System (BBS) he operated out of a closet at his home.

Jerry Heaton provided a historical perspective, sharing anecdotes he gathered from members for the CKCS history document, originally written in 2009, and updated this summer, for the anniversary.

This document is available on our website under the "About us" tab.

Larry Mitchum created a slideshow featuring pictures and information from the past 40 years of CKCS. This will soon be available on our website.

Vice President Joe Dietz acknowledged the many volunteers who keep our organization running smoothly, including the Board of Directors, the office coordinator and supervisors, teachers, and special interest group (SIG) Leaders.

Adding a touch of fun to the evening, Bob Brown hosted a word contest where guests defined new or old technology terms, with Jenny Brown rewarding participants with chocolate candy.

Jim McCormick distributed door prizes to guests with winning raffle tickets, which

included three flash drives and two $50 Amazon gift cards.

The evening concluded with the cutting and serving of a celebratory cake.

Quotes About October

"I'm so glad I live in a world where there are Octobers." — Lucy Maud Montgomery, Ann of Green Gables

"I wish that every day was Saturday and every month was October." — Charmaine J. Forde

Source: Southern Living
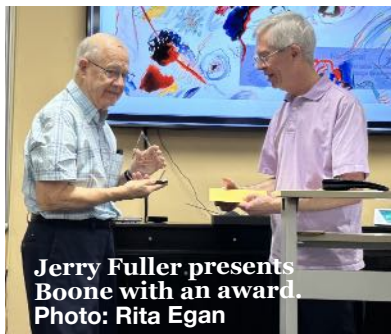
Thank you, Boone!

Photo: Anne Campbell

Surprise! In late August, the CKCS Amateur Photographers group held an appreciation party for Boone Baldwin. His work to promote photography at CKCS is greatly appreciated. Members of the group gathered at CKCS, presented Boone with a cake, and said thanks for all he's done to get the word out about photography, CKCS, and what a jewel the organization   is in central Kentucky. Here, Boone is seen with his wife, Becky.

Photo: Larry Neuzel

Jerry Fuller presents Boone with an award.
Photo: Rita Egan

Boone addresses the crowd at his party at CKCS in late August.
Photo: Brooke Thomas

Tech Night: Oct. 14 @ 7 P.M.
Your Smartphone Chaffeur: Demystifying Rideshare Apps

You have a taxi service riding along in your pocket. With just a few taps on your smartphone, you can request a ride and have a local driver pick you up at your doorstep. We will look at the pros and cons of the most popular rideshare apps.

Ky Technado is back with us this month to share information about rideshare apps like Uber and Lyft. Maybe you have heard him doing his tech on local radio twice a week. That's how we first heard about him.

Ky Technado's real name is James Mason. James has worked as an IT consultant, a college faculty member teaching programming language, and IT department manager for the University of Kentucky. Now, he's continuing his career in the non-profit field.

James enjoys teaching technology to the members of CKCS because of their interest and enthusiasm in learning about all aspects of technology. We appreciate and value his involvement with CKCS. Join us for an informative night. Ask friends and family to join you to learn more about these "taxis in your phone".

CKCS Fall Classes & Workshops
Summary

Monday
M

Adventures in Photography
**Oct. 7, 14, 21, 28
and Nov. 8
1–3 P.M.**

Intro to Photoshop Elements (Windows)
**Oct. 28 and Nov. 4,
11, 18, 25
and Dec. 2
11 A.M.–1 P.M.**

Intro to Flash Photography
**Nov. 18, 25
1 P.M.–3 P.M.**

Tuesday
T

Pop-up Workshop

MS Publisher for Windows
**Oct. 15, 22
1 P.M.–3 P.M.**

Organizing Your Computer Files for Windows
**Oct. 29, Nov. 12, 19
10 A.M.–Noon**

Digital Imaging Using Corel PaintShop Pro for Windows
**Oct. 29, Nov. 12, 19,
26, and
Dec. 3, 10
1 P.M.–3 P.M.**

Intro to Windows 11
**Oct. 22
9 A.M.**

Wednesday
W

iPad Mastery, Unveiling Hidden Features
**Oct. 29, Nov. 6, 13,
20, 27 and Dec. 4
1 P.M.–3 P.M.**

Pop-up Workshops
are not in the original CKCS schedule and are created when it appears there is sufficient demand for a particular topic. Pop-ups often fill up quickly so it pays to register early as possible.

CKCS Fall Classes & Workshops

Summary

Thursday

iMovies for iPad: Creating Movies Made Easy
Oct. 3, 10, 17
1–3 P.M.

Creating Personal Greeting and Note Cards with Microsoft Word
Oct. 24, 31
and Nov. 7, 14
10 A.M.–Noon

What's New in iOS 18 for iPhone
Nov. 7
1 P.M.–3 P.M.

When you register for a fall CKCS class or workshop shown in the schedule, you are helping support the ongoing vital work of a non- profit educational organization.

You may register by visiting the CKCS store, by calling CKCS at 859–373–1000 during business hours. You may also register by stopping by CKCS during business hours at 160 Moore Drive, #107, in Lexington.

CKCS Fall Classes & Workshops

Descriptions

Monday
M
Adventures in Photography

We'll tackle camera features including white balance, depth of field, aperture, and shutter speeds to blur and stop motion. You will learn how to photograph close up with the lens you already have. Learn close-up and microphotography techniques with other lenses in addition to using common filters correctly. The instructors will introduce you to infrared photography using filters they provide. This five-week course will spend alternating weeks in class and in the field shooting photos. You should have a basic knowledge of your camera. The camera's battery should be fully charged. You should bring to class an empty memory card, your camera manual, and a note pad.

Monday
M
Intro to Photoshop Elements (Windows)

You will learn to use Adobe's Photoshop Elements to perform basic photo editing. This will include light adjustments and color, cropping, cloning and spot healing, red eye removal, and other techniques. You'll learn plenty, including photo considerations prior to printing or sharing, intro to layers, converting images to black and white, enhancing and restoring old photos, adding text, using brushes, graphics, adjusting layers, templates, guided edits, and filters/special effects. You'll see how to create cards, calendars, slide shows, collages and photo books.

Dates and times classes and workshops are held can be found on pages 15–16.

CKCS Fall Classes & Workshops

Descriptions

Monday
M

Intro to Flash Photography

Want to improve your photos by learning simple techniques using your camera's built-in flash or an external flash? You will learn when to use your flash and how to use it to enhance your photos. You'll also learn to use your camera's flash to take "natural looking" photos of people and use fill flash for more natural looking everyday photography. You will learn how to use your flash in portraits, group photos and in everyday situations. You will have a chance to practice these techniques. Students need to have their camera with a full battery, an empty memory card, the camera manual and a note pad. If you own an external flash, bring it.

Tuesday
T

Pop-up Workshop

Making Trifold Brochures with MS Publisher for Windows

Learn to create professional-looking trifold brochures using MS Publisher. While prior knowledge of Microsoft Word and other Office products is helpful, it isn't mandatory. The skills acquired in this course will enable students to design an effective brochure for their class, church group, club, or their special interest activity with ease. This is just a small sample of the powerful features available in Microsoft Publisher. MS Publisher is part of your Microsoft 365 subscription.

CKCS Fall Classes & Workshops
Descriptions

Tuesday
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Organizing Your Computer Files for Windows

Have you ever created a new computer file, saved it and only to discover it's missing? We will look at several strategies for organizing your computer files to make them easier to find. You will also learn techniques for moving files and folders on your computer and external storage devices.

Tuesday
𝒯

Digital Imaging Using Corel PaintShop Pro for Windows

Learn how to enhance your photos using Corel's PaintShop Pro. You will discover how to crop, brighten, lighten, and generally clean up your pictures for a better presentation. In addition, you'll learn how to properly scan old photos to improve their appearance. You'll also learn how to add text to photos, use layers, straighten photos, and use scripts to create color and charcoal sketches. Restore old photos and discover how to remove an image from its background. You'll create a collage with several of your photos.

CKCS Fall Classes & Workshops

Descriptions

Tuesday
𝒯

Intro to Windows 11

We will look at what's new in Windows 11, what's different, and how to customize it to make it more user-friendly. If you are considering installing Windows 11, this workshop will help guide your decision. If you have Windows 11 already installed, this workshop will help you configure it to run better. Students are encouraged to bring their laptop computers if they have Windows 11 already installed. However, ensure your laptop is fully charged before you bring it to class.

Dates and times classes and workshops are held can be found on pages 15–16.

CKCS Fall Classes & Workshops
Descriptions

Wednesday
W

iPad Mastery, Unveiling Hidden Features

Dive into the depths of your iPad and emerge a master of its capabilities. This class offers a comprehensive guide to utilizing the built-in Apple apps to their fullest potential. Tailor your iPad experience by personalizing and organizing your apps, enhancing your photos, and managing your albums with ease. Gain insights into the iPad's settings, uncover keyboard shortcuts, and add flair to your emails and texts with animations. Plus, receive practical tips on optimizing the use of Calendar, Notes, Reminders, Facetime, and the Libby app. Transform your iPad into a powerhouse of productivity and personal expression.

Thursday
T

iMovies for iPad, Creating Movies Made Easy

Unlock the power of storytelling with your iPad in this engaging class. Discover how to use the free iMovie app to craft compelling movies using photos and music. Add a personal touch with custom text and smooth transitions. By the end of the session, you'll be ready to share your cinematic creation with friends, family, and social media. Whether you're a beginner, or looking to enhance your video editing skills, this class is your ticket to producing memorable movies with ease.

Dates and times classes and workshops are held can be found on pages 15–16.

CKCS Fall Classes & Workshops

Descriptions

Thursday
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Creating Personal Greeting and Note Cards with Microsoft Word

Christmas is coming soon! Why not make your own personal Christmas cards? Learn how to create note/ greeting card templates, how to insert graphics/ photos and text boxes, and how to add special effects to those elements. You will learn how to create three-dimensional and novelty cards. The only limitation will be your imagination. This is a fun and useful class!

Dates and times classes and workshops are held can be found on pages 15–16.

Thursday
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What's New in iOS 18 for iPhone

What's new in iOS 18 on your iPhone? Register for this workshop and you'll learn plenty about Apple's newest operating system for its smartphone.

Remember, CKCS members get a price break.

Six-week classes cost $60 for non-members/ $48 for members.

Workshops cost $30 for non-members/$24 for members.

You can check out the online calendar **here.**

October, 2024 CKCS Special Interest Group (SIG) Schedule

See https://www.youtube.com/@ckcsVideos for recorded Zoom SIG meetings.Larry Trivette prepared this SIG calendar. Print this page for your refrigerator or bulletin board.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Sep	1 Oct	2 Oct	3 Oct	4 Oct	5 Oct
			10 a.m. **Photography Club** In-Person Only **7 p.m.** **Board of Directors** In-Person Only		**10 a.m.** **Dr. Fix-It** In-Person Only **iHelp** Bring your Mac, iPad, or iPhone problems or questions and we'll try to help. In-Person Only
7 Oct	8 Oct	9 Oct	10 Oct	11 Oct	12 Oct
	7 p.m. **Windows** Mike Seiler No meeting this month		**10 a.m.** **Photography Club** In-Person Only		
14 Oct	15 Oct	16 Oct	17 Oct	18 Oct	19 Oct
7 p.m. **Tech Night** James Mason Demystifying Ride Share Apps In-Person/Zoom	**7 p.m.** **All Things Apple** Brooke, Kurt, Joe See Topics In Newsletter In-Person/Zoom		**10 a.m.** **Photography Club** In-Person Only		
21 Oct	22 Oct	23 Oct	24 Oct	25 Oct	26 Oct
	7 p.m. **Digital Photography** Joe Dietz In-Person Only		**10 a.m.** **Photography Club** In-Person Only		
28 Oct	29 Oct	30 Oct	31 Oct	1 Nov	2 Nov
			10 a.m. **Photography Club** **Halloween**		**10 a.m.** **Dr. Fix-It** In-Person Only **iHelp** Bring your Mac, iPad, or iPhone problems or questions and we'll try to help. In-Person Only

Windows SIG:

No Meeting in October.

Windows SIG:

No Meeting in October.

All Things SIG in October

New Features in Apple's Operating System Upgrades

In person   **Via Zoom**

macOS Sequoia

- iPhone mirroring
- Enhanced Safari
- Apple Intelligence

New OS!

iOS 18

New OS!

- Customize your home screen
- Control Center overhaul
- New Message features

iPadOS 18

- App locking & hiding
- New tab bars
- Auto handwriting Improved

New OS!

Join us in person or on Zoom, Oct. 15 at 7 P.M.

Digital Photography SIG

Meets In Person only on October 22

CKCS

Digital Photography Special Interest Group
Tuesday, October 22
7 P.M.

Did you know....

Kentucky Has More Native Orchids Than Hawaii?

Yes, we do! Join Lexington nature photographer Janet James as she shares her multi-year adventure into orchidelirium with photos of our state's exquisite, rare, and charismatic native orchids. She will show how their features are unique among Kentucky wildflowers, where they are found, and challenges of photographing them.

We are excited to invite you to a special presentation by Janet James, a photographer and orchid enthusiast. Last year, you may recall, Janet did an excellent presentation on **Botany as Art: Photography in an Urban Forest**, featuring her photos from the Kentucky Arboretum. This event will showcase the stunning beauty and diversity of Kentucky's native orchids through captivating photographs and insightful commentary.

This month's photo contest is about "**Feet**".

Figure out what that means, find a good photo and submit to joedietz@aol.com

no later than October 21.

Join us Tuesday night October 22 at 7 PM at CKCS as Janet James describes her Orchid Journey.

Invite a friend!

Winning Photos
Digital Photography Photo Contest

September topic: Workers in the field

First Place–Brooke Thomas

Brooke wrote us about her winning photo: In late summer of 2012, I went with a group to China to teach Conversational English to rural middle school teachers. Part of the trip included an extra week of sightseeing. I used a Canon PowerShot camera to take this picture.

Second Place–Carolyn Nichols

Carolyn wrote us about her winning photo: This is a photo of the Eastern bumblebee. They are very adaptable in their locale and make great pollinators. I photographed this one in the lovely gardens at Waveland historic site in Lexington, Kentucky. Waveland contains 10 acres and is now maintained as part of the Kentucky state park system. Photo made with my iPhone 14 Pro Max last week.

2024 Monthly Photo Contest

Held by the Digital Photography SIG

Topics for the remainder of 2024

October…feet
November…couples
December…No contest. Enjoy the holiday season.
Email photos to joedietz@aol.com

Notice! Your Credit Card Number Has Been Stolen

By Kurt Jefferson

Add my name to the list of victims whose credit card numbers were stolen, possibly in June, but not reported until mid-September.

A suspicious $1 charge followed by another $1 charge to my card triggered an alert and issued a giant red flag to the bank.

That $1 charge is one way crooks test your credit card to see if anyone notices a small charge. If no one screams foul, the thieves get the okay telling them to proceed unfettered to make all kinds of dodgy purchases.

The thieves used my card number at a gym in a small California town. I still don't know how they got my card number. My hunch is that it surfaced through a [recent data breach](#) involving nearly 1.7 million victims.

Tom's Guide wrote in mid-September, "Keeping your credit card details safe from hackers just got a whole lot more difficult following a new data breach at a payment gateway provider that affects almost 1.7 million people."

A credit card processor called Slim CD has admitted the breach, adding that [thieves had access to its network](#) **for nearly a year** between Aug. 2023 and June 2024.

[Bleeping Computer](#) reports that Slim CD says "it has taken measures to strengthen its security to prevent similar incidents in the future."

Thieves got credit card details including:

* Credit card numbers

* User's full names

* Users' physical address

* Date the credit card expires

They did not get the pin number or CVV (card verification no.)

My bank terminated the credit card and is sending me a new one, but this latest theft of private data once again sticks it to innocent card users who pay the price for *another inexcusable breach.*

Card Stolen? In many cases, it's not the bank's fault

By Kurt Jefferson

Your credit card number may have been stolen–like mine. I'm extremely careful.

How could this occur? First, you should know you've done nothing wrong. In many cases, what's called a payment gateway provider is responsible. These are the folks who receive your credit card number from the restaurant where you just ate or Amazon or Chewy.

They send your personal information (credit card number, name, the card pin number, and other details) to your bank or credit union.

The bank that issued your credit card then starts the payment process.

The problem, many times, is not with your bank.

These payment gateway providers are responsible for breaches exposing so many credit card numbers that most people cannot even imagine it.

So your credit card number appears on the dark web (this is a dodgy part of the Internet that regular search tools don't access.) You cannot use Google, Duck-DuckGo, Yahoo!, or another popular search tool to reach the dark web.
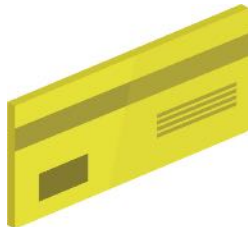
This is also an area that DuckAssist writes, "hosts a variety of goods and services, including illegal items like drugs, weapons, stolen data, counterfeit currency, and hacking tools."

Personally, I don't want to expose my personal Internet account or devices to the dark web.

All of the goods on the dark web are not bad, writes DuckAssist: "However, it also offers legal options such as memorabilia, collectibles, artisanal goods, wellness products, political forums, news sites, and message boards for whistleblowers and journalists."

If your credit card number has been compromised like mine, experts say you'll want to freeze your account with the big three credit agencies: Experian, Equifax, and TransUnion. Regularly review your own credit report.

Follow the steps provided by Bitdefender, the popular anti-virus software for any devices that connect to the Internet.

Quotes About October

Hello, October! Let the crisp air and vibrant colors awaken our souls. – Unknown

Listen! The wind is rising, and the air is wild with leaves. We have had our summer evenings, now for October eves!– Humbert Wolfe

October is the treasure of the year, and all the months pay bounty to her store…– Paul Laurence Dunbar

October is crisp days and cool nights, a time to curl up around the dancing flames and sink into a good book. – John Sinor

October sunshine bathed the park with such a melting light that it had the dimmed impressive look of a landscape by an old master. – Elizabeth Enright

This is October for me: Withdrawing into my own world, blocking out everything except the beauty of the season, my reflections and my relationship with God, I find this is enough to sustain me through the long, cold, winter– and beyond… – Peggy Toney Horton

Source: https://www.joyfulthroughitall.com/positive-quotes-for-october/

People Who Made HISTORY

By Kurt Jefferson

Cincinnati-born George Carruthers, right, was a visionary African American astrophysicist who invented a new space camera taken to the moon in 1972 on the Apollo 16 mission. This was a very powerful ultraviolet camera and spectrograph used by NASA that could "see" polluted air around large cities from the moon. On the left is William Conway, a project manager at the Naval Research Institute. Carruthers was born on Oct. 1, 1939.

Photo: From the 1960s via Wikipedia and the U.S. Naval Research Laboratory.

William Boeing, born on Oct. 1, 1881, in Detroit, was an aviation pioneer who created Boeing–today the single largest exporter by dollar value in the U.S. Boeing is also one of the largest airplane builders in the world. Boeing started Pacific Airplane Co. in 1916 and changed its name a year later to Boeing. The company's first airplane was the Boeing Model 1, known as the B&W Seaplane. Boeing eventually received U.S. Navy orders for 50 planes during WW I. At the end of the war, his company built aircraft so that airmail could be delivered.

Photo: From Wikipedia and the San Diego Air & Space Museum Archives

People Who Made HISTORY

By Kurt Jefferson

French inventor Charles Cros designed several items that would later be introduced by better funded inventors. Cros created an automatic telegraph and showed it at the 1867 World's Fair. Two years later, he created a system for reproducing color images. Later, he showed a device, before Edison, that essentially was a working gramophone. Experts say in his lifetime, Cros never got the recognition he deserved. He was born on Oct. 1, 1842.

Photo: From Wikipedia provided by Felix Nadar. Taken between 1860 and 1870.

Eliza Maria Mosher, born on Oct. 2, 1846, wore many hats including physician, medical writer, inventor, and educator. Mosher spent much of her career researching the importance of physical fitness, maintaining one's health throughout life and posture. She was the first woman professor to be recognized at the University of Michigan. She invented supportive seats on street cars used in public transportation, and created some of the first chairs used by kindergarten students that supported the youngsters' growing bones. Mosher founded the American Posture League.

Photo: From Wikipedia provided by the 1902 Michiganensian. Taken in 1902.
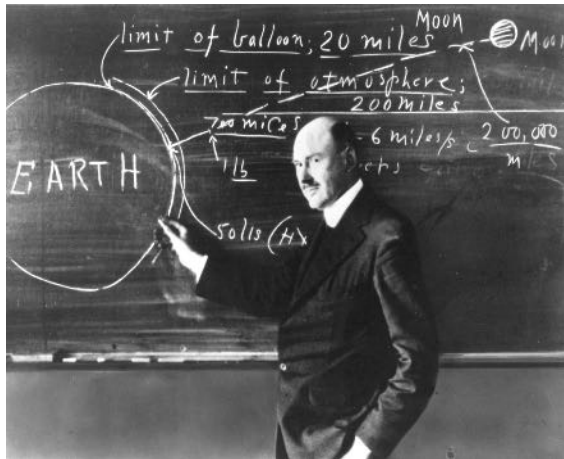
People Who Made HISTORY

By Kurt Jefferson

The life-saving portable defibrillator is now a mainstay of emergency critical care treatment throughout the world. Irish cardiologist Frank Pantridge is responsible for creating it. He first equipped an ambulance with a defibrillator in 1965 after discovering that 60% of men through middle-age died within the first hour after suffering a heart attack. Portable defibrillators were quickly adopted by first responders throughout the U.S. He was born Oct. 3, 1916, in County Down.

Photo: A former phone booth in the U.K. transformed into an AED (automated external defibrillator). Graham Hobster/Pixabay.

British-born doctor, Alice Stewart, is credited with showing that even low doses of radiation pose substantial health hazards. Stewart investigated illnesses suffered by workers at the Hanford Plutonium Production Plant in Washington State. She was the first person to confirm the connection between the x-rays of pregnant women and elevated rates of cancer in their children. Because of her work, the use of x-rays during pregnancy was halted, but it took about 25 years for worldwide acceptance of Stewart's research. She was born on Oct. 4, 1906.

Photo: From Wikipedia and Wellcome Images, U.K., Taken in 1990 at the Fifth IPPNW European Congress.

People Who Made HISTORY

By Kurt Jefferson

Robert Goddard, born on Oct. 5, 1882, has been called the "father of modern rocketry." Historians note he was more famous in his lifetime than either Einstein or Edison. Goddard launched the first liquid-fuel rocket in March 1926. He produced a number of larger rockets at his shop in Roswell, N.M., and was honored in 1959 when NASA named its Maryland operation the Goddard Space Flight Center in his memory. Goddard takes center stage in a book about his life by David Clary, titled *Rocket Man.*

Photo: Dr. Robert Goddard pictured at a chalkboard at Clark University in Massachusetts in 1924. He started teaching physics at Clark Univ. in 1914.

Photo: Wikipedia/NASA

The man who first sent human voice over the radio was Canadian-born Reginald Fessenden. He was born on Oct. 6, 1866. Fessenden was a pioneer in the creation of AM radio and first transmitted the human voice on Christmas Eve, 1906, from a station in Massachusetts. His signal could be heard hundreds of miles away in the Atlantic Ocean. In his lifetime, he earned 300 patents. His home in Newton, Mass., is on the National Register of Historic Places and is a U.S. National Historic Landmark.

Photo: From Wikipedia and *Harper's Weekly Magazine* in 1903. Photo source: Thomas H. White. This 1903 photo of Reginald Fessenden is in the public domain.

By Kurt Jefferson

Maki Kaji

Maki Kaji, a Japanese puzzle designer, who was president of *Nikoli* Magazine and puzzle company, has been called the "father of Sudoku." He was born on Oct. 8, 1951. Kaji introduced *Nikoli* with two childhood friends in 1980. The magazine was named for a horse that won the 2000 Guineas Stakes in Ireland. Several years later, Kaji formed a puzzle company with the same name. The game, Sudoku, appeared in early editions of the magazine. *All Things Puzzles* notes that a retired architect and freelance puzzle constructor named Howard Garns, from the U.S., developed the modern version of Sudoku in the late 70s. Many historians agree that Kaji's role in designing Sudoku squares was a pivotal moment in the development of the popular game which became a hit throughout the world.
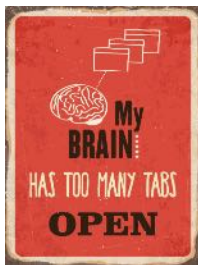
Kaji Photo: Wikipedia/S. Pakhrin

5	3			7				
6			1	9	5			
	9	8					6	
8				6				3
4			8		3			1
7				2				6
	6					2	8	
			4	1	9			5
				8			7	9

An elementary Sudoku puzzle submitted to Wikipedia by Tim Stellmach.
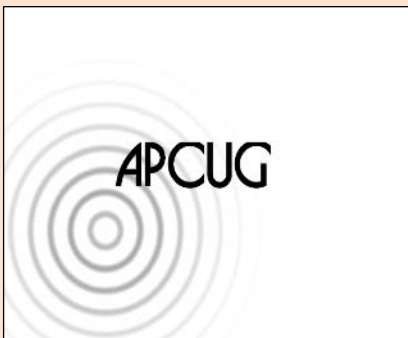

Wikipedia/Thegreenj

Harry G. Day, born in Iowa, on Oct. 8, 1906, was a biochemist at Indiana University. The IU website notes "Perhaps the accomplishment for which he is best remembered by everyone is his contribution to the development of Crest toothpaste. In the 1950s while at IU, Day, J.C. Muhler, and W.H. Nebergall conducted research on the effects of fluorides in the reduction of dental caries. The result of this research was the first dentifrice containing stannous fluoride, Crest toothpaste." Proctor & Gamble called its brand of fluoride "flouristan." For years, Indiana University held the patent and P&G paid royalties for its use.

When was the last time you fed your brain? Provide it nourishment by registering for a class or workshop at CKCS. You'll find the list in this newsletter.

Close some of those tabs by registering for a class or workshop today at CKCS! You'll be amazed by how much you'll learn !

There's a worldwide tech organization designed to empower you.

It's called APCUG.

Zoom meetings, tips for users of different systems including:

- Windows
- macOS
- Linux
- iOS
- Android
- Chromebook

and more are waiting for you to take part. CKCS is a member of APCUG. Here is just a small portion of links you'll find on APCUG's website:

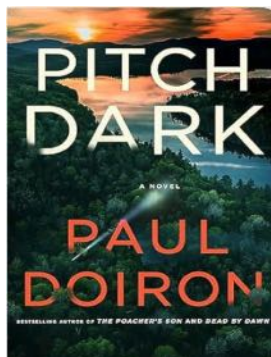Wednesday Workshops

Saturday Safaris

Cybersecurity Awareness Month

Speakers Bureau

APCUG is an international association of tech and computer groups.

What Audiobook Are You Reading?

By Kurt Jefferson

Courtesy: Good Reads

H ere's a recipe for a book that will keep you up at night: Rural Maine terrain, a game warden investigator,and a crazy, weapons-toting home builder who turns out to be much different than he appears.

Welcome to author Paul Doiron's 15th book in the Mike Bowditch series: *Pitch Dark*. I've read or listened to every title in the series. The current book explains how builder Mark Redmond is creating bush pilot Josie Jonson's dream home near the Maine-Canadian border. There are reports of criminal activity along with a missing person in the area. Mike Bowditch investigates and learns there's plenty going on here that doesn't smell right.

At Goodreads, Lizzy Brannan writes "What a nail-biter. The great plot twists, thrilling action, and a superb ending had me glued to the story."

William deRham writes "…Doiron has given us a very absorbing, suspense-filled entertainment."
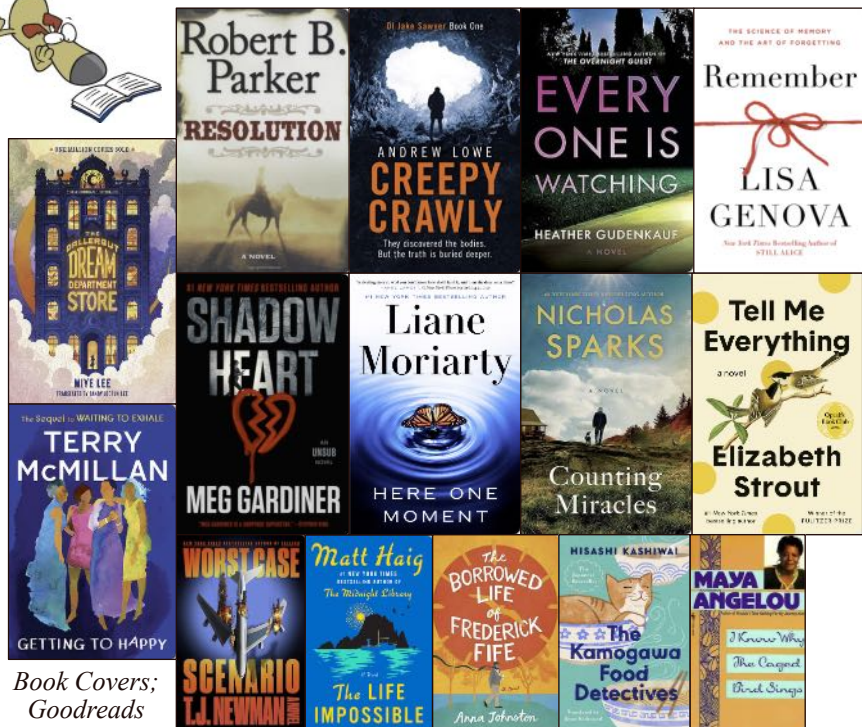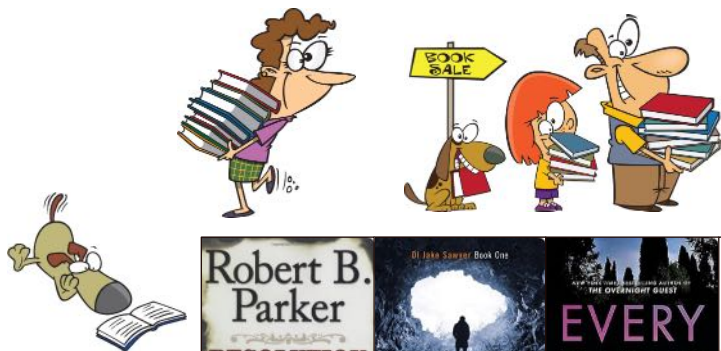
The book is close to home for Sam Stoddard: "I was super excited to read this book since I live in Maine and have been on the Golden Road a bunch of times."

Then, there's this from Marta ECR: "Murder mysteries/crime novels are not my genre, but I like the way Doiron writes and love that it's set in Maine. I found his characters very well developed, something I greatly appreciate. I read this one because I'm going to an author talk about it in a couple days, which is exciting!"

If you've never read Paul Doiron, you might think you have to start with book #1, *The Poacher's Son,* published in 2010. Many of the reviewers are right when they point out book #15 is a standalone, meaning you don't really need to read every other book in the Bowditch series to make sense of *Pitch Dark*. As Chris wrote about book #15, "once the fugitive is down, it's still not over!"

Books!

Book Covers;
Goodreads

Sidewalk Art

Small minds create big images. These examples of sidewalk art were spotted on a track leading to a park on Lexington's south side.
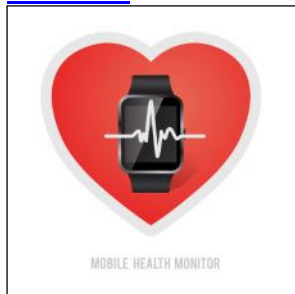
Photos: Kurt Jefferson

Smartwatch Pushes Pregnant Woman to Get Medical Help

By Kurt Jefferson

An ABC-TV affiliate in San Diego reports that a pregnant woman credits an Apple Watch with saving her and her baby's life.

9to5Mac writes that Rachel Manalo, who's a pediatric cardiologist and treats children with heart issues, took notice when her smartwatch detected her own heart beat of 150 bpm for more than 40 minutes.

She says the watch's EKG function urged her to seek medical help. The ABC affiliate notes the woman rushed to UCLA Medical Center in Los Angeles.

A doctor there determined the woman had ventricular tachycardia–an irregular heartbeat that can cause chest pain, dizziness, and fainting, according to the Cleveland Clinic.

That's when the lower section of the heart malfunctions and the organ fails to send enough oxygen into the bloodstream. Doctors ended up performing an emergency C-section on Manalo at 34 weeks.

A daughter, Samantha, was born without problems, weighing four pounds, five ounces. Manalo is now on medicine to control her heart condition.

Related Stories

TechRadar: How one simple Apple Watch feature actually saved my partner's life

CBS News: 73-year-old New Jersey man credits Apple Watch for saving his life

Yahoo Life!: 'It saved my life': Woman credits smart watch with alerting her to extremely high heart rate–here's what you should know

Apple 🍎 *Links*

Apple introduced a flurry of new hardware and software in September, including:

[AirPods which double as hearing aids](#) for mild to moderate hearing loss. The FDA has approved Airpods Pro as a medical device.

[iPhone 16, iPhone 16 Pro and iPhone 16 Pro Max models](#)

[iOS 18 and iPadOS 18](#)

MacRumors: Get your iPhone ready for iOS 18

[macOS Sequoia](#) (also called macOS 15) **Note that Apple Intelligence features** will be delayed until Oct. when macOS 15.1 is released.

[25 Hidden Features](#) in watchOS 11

If you have an older device and cannot upgrade to iOS 18 and iPadOS 18 (or you don't want to upgrade now), Apple has

confirmed [it will allow users to continue using iOS 17/iPadOS 17](#) and still receive security updates.

Apple Watch series 10 [review](#) and new [Apple Watch Ultra 2](#)

Newly revamped Siri and [Apple Intelligence](#) features coming to various devices in coming weeks. [As WIRED writes](#), "Even Siri is getting a much-needed upgrade—the biggest since the voice assistant's debut 13 years ago."

Apple has confirmed it will [stop using its long-running Apple ID name.](#) It's been replaced by Apple Account. So when you log into iCloud Drive, Apple Music or another service, you'll now be using your Apple Account. Apple ID has been used for more than 20 years.

Apple Maps has become more "hike-friendly" than ever before writes [The Mac Observer](#). Updated for all of Apple's operating systems, Apple Maps now provides details on "thousands of hikes" in U.S. National Parks, offline access to downloaded hikes and routes, shuttle schedules for different park systems and more.

[Ten Reasons to Wait](#) for Next Year's iPhone 17

[macOS Sequoia](#) features and details

[iPhone 16 vs. iPhone 16 Pro](#) Buyer's Guide

[Bird Buddy](#) is a Fun iPhone-Connected Smart Bird Feeder

[Make Calls Faster](#) with this new iOS 18 Feature

Your Health

By Kurt Jefferson

Better Air=Better Health?

Breathing better air may result in better health. A [study in Finland](#) showed the installation of air purifiers at two Helsinki day care centers [made a major impact](#).

A HEPA air purifier on a table in a bedroom.

Photo: Kurt Jefferson

Student sick days fell by one-third. E3Pandemic Response led the study. The next step is to find the right mix of air purifiers–not too expensive, noisy, or too big–to use at other day care locations. The study will be ongoing during respiratory virus season in Finland (November to April.)

Live Alone? You've Got Company

If you live alone, it turns out you have plenty of company. For the first time, the number of married couples is in the minority. Census Bureau stats show more residents in the U.S. are now living alone rather than in a marriage. KFF, formerly known as the Kaiser Family Foundation, crunched [2022 Census Bureau](#) numbers showing 27 percent of women and 21 percent of men between 65–74 now live alone. For those 75 and over, 43% of females and 24% of males live alone. [*Psychology Today*](#) notes that only nine million adults lived alone in 1967. That was just 7.8 percent of adults who were 18 and over.

Live Alone? Get a Pet.

One day after Christmas in 2023, JAMA Network Open (the Journal of the American Medical Association) [published a study](#) of nearly 8,000 people who were 50 and over. Because of the holidays, it's a safe bet that plenty of folks never [saw this study](#). It concluded that "pet ownership may be associated with slower cognitive decline among older adults living alone."

By Kurt Jefferson

Who Has AFib? Millions.

An irregular, rapid heart beat called atrial fibrillation is much more common than earlier thought. If untreated, AFib can lead to stroke, heart failure, kidney disease, or other ailments. Science Daily reports that earlier estimates of 3.3 million Americans showing signs of AFib were way off. New figures project five percent of the population, or 10.5 million U.S. adults, have the ailment. Those new numbers come from the University of California San Francisco.

Improve Your Memory? Study Shows Variety, Not Repetition Is the Key

Variety might just make us better learners, according to a study by the University of Illinois–Urbana. Science Daily reports that researchers there discovered memory improved after study participants took part in a variety of related tasks. Ninety people from the Champaign-Urbana area took part in the study. Pianist Ilber Manavbasi, who conducted the study with other researchers, noted "I practice in diverse conditions and contexts. I practice hungry, tired, angry and happy. I practice different songs at different speeds and sometimes with different pianos…It's the variety of practice that makes me a better performer."

"Healthier" Belly-Fat

Exercise makes a difference even among those who are obese. A new study shows people who exercise on a regular basis, if they're obese, have healthier belly fat and are more efficient in storing fat there. A team at the University of Michigan discovered that exercising for months or years modifies fat tissue so that the body is more efficient in storing body fat.

Your Health

By Kurt Jefferson

Study: Making Arts and Crafts Really Improves Your Mental Health and Reduces Stress

A study completed in the United Kingdom reveals that creating arts and crafts "was linked to significantly increased life satisfaction, a greater sense that life is worthwhile and increased happiness," despite one's health, age, employment status, and affluence. The School of Psychology and Sport Science at Anglia Ruskin University in Cambridge did the study using data from more than 7,100 participants in England. Statista notes that about 25 percent of Americans cite do-it-yourself activities and arts and crafts when asked about personal hobbies and activities.

AI Warning System at Canadian Hospital Slashes Unexpected Deaths

A study at St. Michael's Hospital in downtown Toronto is showing the potential benefits of artificial intelligence. An early warning AI system called 'Chart-Watch' has cut unexpected deaths by 26%, according to researchers in a year-and-a half long study. The system is providing early warning to nurses and health care providers about patients' changing conditions and potential problems that crop up.

Report: U.S. Cancer Rates are Falling Dramatically

"Spectacular progress being made against cancer" is how the American Association for Cancer Research describes it in the group's latest annual report. It adds, "And a consistent rise in the number of people who are living longer and fuller lives after a cancer diagnosis." The overall U.S. cancer death rate between 1991 and 2021 dropped 33 percent. This has averted more than 4.1 million deaths according to the report.

Your Tech

By Kurt Jefferson

You probably have heard of passkeys. But what are they and why should you use them? PCMag provides some answers.

Some day folks might say smartwatches are so 2024. ScienceDaily explains that engineers have created a finger wrap that monitors vitamin levels, glucose, and drugs from fingertip sweat.

My iPhone's overheating. What should I do? PCMag digs into this dilemma and provides some solutions. As the article notes, smartphone makers urge users to keep their phones between 32–95°.

Sing it with me. *It's the dawning of the age of AI.* Okay, it doesn't quite have the right ring. But *MIT*

Technology Review has come up with its list of *Ten Breakthrough Technologies 2024.* As you might have suspected, AI (artificial intelligence) is number one on the list.

Okay, this article appeared at the start of the year. But it's still wise to reflect on TechRadar's list of the 11 Most Exciting Tech Trends of 2024. Mini-LED TVs, Smart rings, and ChatGPT everywhere are just some of the tech trends that made the list.

A major labor shortage is headed this way, reports HR Drive. The U.S. will face major worker shortages, the article says, because of baby boomer retirements, dropping childbirth rates, and the lack of workers trained in HVAC, car maintenance, and plumbing.

Your Tech

By Kurt Jefferson

A new Mac mini-Apple's least expensive computer-is expected this month. Here's what 9to5Mac predicts we can look forward to in a smaller desktop computer.

'**Linux** is as strong as ever,' says Linus Torvalds, the creator of the Linux kernel. TechCrunch reports that Torvalds told a summit meeting in Vienna that aging Linux developers are a good thing.

Keyboard commands can save you time and energy. PC World has assembled "20 insanely useful Windows 11 keyboard shortcuts I use every day."

A new Windows app allows Windows users to access their work files from the cloud. It's available for Windows, macOS, iOS, iPadOS, and web browsers. An Android version has launched in 'public preview' mode. PCMag has the details.

While Apple is expected to announce several new Mac computers in   the next few weeks, nine older Macs are now added to the company's 'obsolete list,' according to 9to5Mac.

Follow one writer's journey from Windows switcher to Linux.

If you've upgraded to iOS 18, you probably know there are dozens of new features. 9to5Mac reports on three new iOS changes.

A poster in a Lexington park announcing the city's Tree Week celebration, Oct. 11–20. The Urban Forest Initiative has again teamed up with the University of Kentucky's Martin-Gatton College of Agriculture for Tree Week. Look for a range of events including a fall tree giveaway, sessions on learning how to identify tree types, native seed collection and propagation, birds and trees, and more.

Enjoy Fall While it Lasts!
It Will Be Over Before You Know It

TIME MACHINE

An IBM Computer Room

•

Two men working on an IBM computer at New Haven, Connecticut in 1967. Photo is part of the *U.S. News and World Report* photo collection provided to the U.S. Library of Congress.

Photo: Warren K. Leffler

From a 35mm safety negative.

TIME MACHINE

Computer Room at the Public Health Service

•

Woman checking reels of tape and canisters in the computer room at the U.S. Public Health Service in March 1967. Photo is part of the U.S. News and World Report photo collection provided to the U.S. Library of Congress.

Photo: Warren K. Leffler
From a 35mm safety negative.

TIME MACHINE

Couple Eyeing a New Car

•

Customers investigating a new car in a dealer showroom in April 1967. Photo is part of the *U.S. News and World Report* photo collection provided to the U.S. Library of Congress.

Photo: Warren K. Leffler
From a 35mm safety negative.

TIME MACHINE

Electric Car

•

A man drives an electric car in New York City in Feb. 1967. Photo is part of the U.S. News and World Report photo collection provided to the U.S. Library of Congress.

Photo: Warren K. Leffler
From a 35mm safety negative.

TIME MACHINE

Electric Car

•

A man stands next to the open hood of an electric car in New York City as he charges the batteries in Feb. 1967. Photo is part of the U.S. News and World Report photo collection provided to the U.S. Library of Congress.

Photo: Warren K. Leffler
From a 35mm safety negative.

TIME MACHINE

Ohio River Flood

•

Floodwaters reach Louisville storefronts in March 1936. The worst flooding in Louisville came a year later in Jan. 1937.

Photo: Carl Mydans
From a nitrate negative.

TIME MACHINE

New York City's Roxy Theatre

•

Photographed on Nov. 22, 1932, the Roxy Theatre seated 3,500 and was originally designed as a movie palace. It later became famous for live musical ice-skating performances.
Photo: Samuel H. Gottscho (1875–1971)
From a safety negative.

Videos & More

Baby, Baby by Amy Grant

Soothing Jazz for
Rainy Winter Days

Soft Rain, Sleep Music

Crackling Fireplace &
Smooth Jazz

Relaxing Autumn Jazz
By the Lake

Vintage Fall Music

Bossa Nova Jazz

**Blame it on the
Bossa Nova**
by Eydie Gorme

It Must Be Him
By Vikki Carr

Because by
the Dave Clark Five

Georgy Girl by
The Seekers

I'll Never Find Another You
by The Seekers

Baby, Baby by Amy Grant

Another World
closing theme (1981)

Guiding Light Opening
Compilation
(1952–2009)

As the World Turns
Opening Compilation
(1956–2010)

Top 20 Daytime
Soaps Theme Songs

Classic Game Shows

CBS **Sunday Morning**:
Perry Mason

25 Shows of CBS-TV
Spring 1983

20 Saturday Info.
Briefs from 70s-80s

If you grew up
In the **1960s**
you remember this

London Markets in the 60s