



CKCS News



May 2024

Volume 40, Issue 5

Join CKCS in May!

May 2024 SIGs

Amateur Photographers Club

May 2, 9, 16, 23, 30 (in person)

Windows SIG with Paul

May 14 at 7 P.M. (in person & via Zoom)

All Things 🍏 SIG

w/Joe, Kurt, Janet & Brooke

May 21 at 7 P.M. (via Zoom)

Digital Photography SIG w/Joe

May 28 at 7 P.M. (in person)



We don't say it enough. Your CKCS membership is appreciated!

Notable May Dates

May 1: May Day

May 2: Int'l. Password Day

May 3: Kentucky Oaks

May 4: Kentucky Derby

May 5: Cinco de Mayo

May 5: Sleep Apnea Awareness Day

May 5: World Laughter Day

May 10: Nat'l. Golf Day

May 12: Mother's Day

May 13: Nat'l. Apple Pie Day

May 14: Bond With Your Dog Day

May 16: Nat'l. Classic Movie Day

May 17: Malcolm X Day

May 18: Armed Forces Day

May 21: Eat More Fruits & Vegetables Day

May 22: Buy a Musical Instrument Day

May 25: Nat'l. Missing Children's Day

May 27: Memorial Day



Typical May Weather in Lex



After a stormy early April with six EF-1 tornadoes striking Kentucky, including those reported in Jessamine, Bourbon, and Anderson Counties, what can we expect in May? An avid gambler might remark, "All bets are off." Wanderlog notes a typical May in Lexington is "mildly cool with a gentle breeze." That breeze aver-

ages 12 miles an hour throughout the month. Weather Spark writes the average monthly high climbs from 70° on May 1 to 78° by the end of the month.

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New & Renewing Members



For the period March 22–April 21

Provided by CKCS
Board Member, Ben Rice

New

Karen M. Bauer
Nancy R. Burke
William Gruber
Retha P. Hicks
Bruce H. Koffler
James C. Leadingham
Al Pelphrey
Charlanne J. Pook
Anne Wegiel



Renewing

Terry Barnes
Jerry K. Brown
James Brown
Anne Campbell
Edith H. Conyers
James Fritz
Robert & Anne Hackett
Jerry W. Heaton
Coleman Huff
Ray Hughes
Glenn Kelley
Judy Needham
Linda W. Potter
Maria G. Ransdell
Karen Raulston
Susan J. Scollay
Bonnie A. Sousley
William P. Sturm



Who's Who at CKCS?

Officers

• **Tenure ends June 2024** •
President: Brooke Thomas
Vice President: Joe Dietz
Secretary: Larry Trivette
Treasurer: Jim McCormick

Ex-Officio Member: Bob Brown

Directors

• **Tenure ends June 2024** •
Boone Baldwin
Jan Landers–Lyman
Ben Rice
Mike Seiler
Pat Vaughan

• **Tenure ends June 2025** •
Janet Cartmell
Larry Mitchum
Paul Stackhouse
Pennie Redmond
Arleigh Kerr

Webmasters

Arleigh Kerr
Bob Brown
Wendell Curtis

Class Coordinator

Janet Cartmell

Office Supervisors

Jenny Brown
Bob Brown
Jan Landers–Lyman
Mike Seiler
Larry Trivette
Wendell Curtis
Nancy Bowling
Lydia Short
Edith Conyers

Alternate Supervisors

Sandra O'Neal
Debbie Bryant
Jan Landers–Lyman
Joe Dietz
Brooke Thomas

CKCS Online Calendar

Lydia Short
Nancy Bowling
Wendell Curtis

CKCS Newsletter

SIG Calendar
Larry Trivette

Newsletter Editor

Kurt Jefferson

Newsletter Proofreaders

Ben Rice
Brooke Thomas
Gail Waller
Pat Vaughan
Lydia Short
Diane Vance
Lynne Bowman

Constant Contact Manager

Larry Mitchum

Refreshment Center

Jim Hughes

CKCS was formed in Sept. 1984 to empower its members about technology.

It's going strong today with a variety of activities including:

- SIG (special interest group) meetings
- Tech Night
- Dr-Fixit & iHelp sessions on the first Saturday or the month.
- A variety of classes and work shops to help students get up to speed with tech devices.
- Monthly photo contests
- Monthly newsletter
- Discount on services and purchases at KyTrade on Virginia Ave.

Names you see on this page are volunteers.

These are folks who believe in the mission of CKCS and freely give of their time to make it work. There are many others, including teachers and SIG leaders.



CKCS is a proud member of APCUG, the Association of Personal Computer User Groups. APCUG is an international cross-platform organization providing invaluable resources to computer groups.

Website links used in the CKCS newsletter are in no way associated with CKCS. In addition, the linked websites do not endorse CKCS.

We include these links in this newsletter as a service to the reader. We attempt to provide high-quality content and believe the links provide a great addition to what you are reading.

CKCS Resource Center

160 Moore Drive, Suite 107
Lexington, Ky. 40513
(859) 373-1000
www.ckcs.org
www.ckcs.org/store
[CKCS Newsletter](#)



MARK YOUR CALENDAR
 MARK YOUR CALENDAR
 MARK YOUR CALENDAR
 MARK YOUR CALENDAR



On the first Saturday of the month,
 Dr. Fix-it & iHelp are at CKCS
 (10 A.M.–noon) to help you
 with your tech questions.



CKCS Meetings & Links



Thursday, May 2 @ 7 P.M.
CKCS Board of Directors Meeting
 In person only

Thursday, May 2, 9, 16, 23, 30 @ 10 A.M.
Amateur Photographers Club
 In person only

Saturday, May 4, from 10 A.M.–Noon
Dr-Fixit & iHelp
 In person only

Monday, May 13 @ 7 P.M. **Zoom link:**
Tech Night <https://us02web.zoom.us/j/82109235232>
 In person and Zoom

Tuesday, May 14 @ 7 P.M.
Windows SIG w/Paul Stackhouse
 In person & Zoom
Zoom link: <https://us02web.zoom.us/j/82811157647>

Tuesday, May 21 @ 7 P.M.
All Things 🍏 SIG w/Joe, Brooke, Kurt, & Janet
 Zoom only
Zoom link: <https://us02web.zoom.us/j/81185707914>

Tuesday, May 28 @ 7 P.M.
Digital Photography SIG w/Joe
 In person



Fun Facts About the Kentucky Derby

By Kurt Jefferson



The Kentucky Derby, held every May at Churchill Downs, dates back to May 17, 1875. There's plenty that most of us, even though we live in Kentucky, don't know about this storied race. Thanks to [Horse Hooves](#) and [Town & Country Magazine](#), here are some fun facts. The grandson of explorer William Clark is responsible for the start of the Kentucky Derby. Meriwether Lewis Clark Jr. watched the horses race at the Epsom Derby. He then visited the French Jockey Club in Paris.

He came back to the States with the notion of starting a horse race in the U.S. William Clark's uncles, Henry and John Churchill, gave him the land for a racetrack. So Clark formed the Louisville Jockey Club and 15 horses raced at the first Derby.

The record holder for the slowest win was by the horse Kingman in 1891. Kingman won the race at 2:52:25.

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The race was only one-and-a-half miles.

Race spectators in Louisville will eat 142,000 hot dogs, 13,800 pounds of beef, 300,000 strawberries and more, including jumbo shrimp, barbecue sandwiches, potatoes, and plenty of other items. To enter a horse in the Kentucky Derby, you must pay a \$25,000 entry fee. Then there's a \$25,000 starting fee. Don't forget the \$600 nomination fee. 19 past Kentucky Derby winners' names have started with S—including Secretariat in 1973.

The Derby's first female jockey was Diane Crump. Earlier, she raced in a pari-mutuel event at Hialeah Park Race Track in Florida. Protesters claimed women shouldn't be able to compete, so she got a full police escort as she moved through the crowds at Hialeah. Angry hecklers yelled at Crump as she headed for the track, "Go back to the kitchen and cook dinner." She now operates an equine sales company.

Weather is always an important issue in the world of horse racing. The record low temperature at race time was 47° in both 1935 and 1957. The warmest temperature at Derby race time was 94° in 1959.

Town & Country notes that owner Calumet Farm holds the record for most Derby wins while trainer "Plain Ben" Jones holds the record for most wins at the Derby.



Fun Facts About the Kentucky Oaks

By Kurt Jefferson



The Kentucky Oaks is a sister race to the Kentucky Derby and is normally held one day before the Derby, on the first Friday in May. The first running of the Oaks was on May 19, 1875. Back then, Churchill Downs was known as the Louisville Jockey Club.

The Kentucky Oaks and the Kentucky Derby are together the oldest continuously run horse races in the U.S. Meriwether Clark Jr. did the legwork to start the Oaks just as he had the Derby.

The Oaks is different from the Derby in that it's for three-year-old Thoroughbred fillies. The race is run on the 1 1/8 mile dirt track at Churchill Downs.

The number of spectators attending the Kentucky Oaks soared to 100,000 in 2017. The Oaks is the third most popular horse race in North America, normally surpassing both the Belmont Stakes and Breeders' Cup.

The color pink can be seen everywhere at Churchill Downs on Oaks day because the racetrack encourages visitors to wear pink as part of the national push to win the war against breast and ovarian cancers.

The official drink of the Oaks is the Oaks Lily. This cocktail is a mixture of vodka, sweet and sour mix, triple sec and cranberry juice.

Spectators need to remember that umbrellas are not allowed in Churchill Downs.

Most women bring a poncho to protect their hats, while many men, women, and children bring a small raincoat just in case the skies open up during the races.

Many schools in and around Louisville (including southern Indiana) are closed on Oaks Friday.

Kentucky Oaks
Horse Racing

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President's Report by Brooke Thomas

By Brooke Thomas

Celebrating 40 Years of Innovation Central Kentucky Computer Society's Exciting Plans for Fall 2024

The Central Kentucky Computer Society (CKCS) is gearing up to celebrate a remarkable milestone – our 40th anniversary!

This September, we're not just looking back on four decades of technological advancements; we're also looking forward to launching an array of new classes and workshops that will propel us into the next era of computing.

Teach and Learn with CKCS

Have you ever wanted to share your expertise or learn something new? Now's your chance! We're calling on our community to step forward – whether you're a seasoned professional or a passionate hobbyist, we welcome you to teach a class or workshop. If you know someone who would be a fantastic instructor, let us know!

Our Evergreen Offerings While we want new courses we won't forget the classics. The ever-evolving landscape of technology keeps us on our toes, and yes, sometimes it's a challenge to keep up with the updates from giants like Microsoft and Apple. But it's these very changes that fuel our passion and mission. Rest assured, our beloved current offerings will continue to adapt and grow, just like the technology they cover.

We Want to Hear from You! Fresh ideas are the lifeblood of innovation, and we're eager to hear yours. What topics spark your curiosity? What resources would you like to see? Your input is invaluable as we shape the future of CKCS. Share your thoughts and suggestions by dropping a line to president@ckcs.org.

Here's to the next decade of learning, teaching, and innovating together!



Tech Night

By Brooke Thomas

May Tech Night: Exploring the Lexington Public Library

 **Date:** Monday, May 13, 2024  **Time:** 7:00 p.m. In person and on Zoom



Central Kentucky is fortunate to have an outstanding public library.

The facilities and staff are exceptional, and we can conveniently access a wealth of resources from our own homes using computers, tablets, and smartphones.

Even if you don't reside in Fayette County, you can still access these resources by obtaining a library card from a reciprocating library.

Join us for Tech Night in May, where **Heather Prichard**, a librarian at the **Tates Creek Branch** location, will guide us through the **Lexington Public Library website**.

Discover useful and free nuggets, explore digital resources, learn about maker spaces and the digital studio, find out about meeting and event spaces, and get insights into the summer reading program.

Don't miss this opportunity to maximize your library experience! Heather, who has been with the library since 1996 and holds a master's degree in library science from the University of Kentucky, will share valuable tips and insights.



• **The Deal** •
(Available Only to CKCS Members)

Visit KyTrade ✓

Show Your Current CKCS Membership Card ✓

Save Money on any Services, Hardware ✓
and a Malwarebytes Subscription

It's That Easy!



Thank you!

Please visit us
and bring your CKCS membership card
To get discounts.

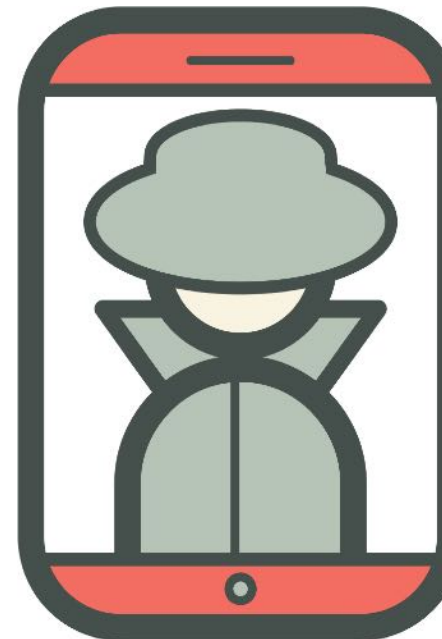
KyTrade Computer Services
373 Virginia Avenue
Lexington
kytrade.com
Phone: (859) 225-1700

\$20 on any services, **5%** on any hardware,
\$10 on Malwarebytes subscription



Burned by Yet Another Security Breach?

By Kurt Jefferson



2021 breach at AT&T.”

If you think you might be a victim, you can type the email address connected to your AT&T account [here](#), on the Malwarebytes website. (Malwarebytes is a well-known company that produces anti-virus software and similar products.)

This security breach is especially troubling because, as Bleeping Computer notes, “AT&T says a massive trove of data impacting 71 million people did not originate from its systems after a hacker leaked it on a cybercrime forum and claimed it was stolen in a 2021 breach of the company.”

The stolen personal data is from an alleged 2021 AT&T breach that hackers calling themselves ShinyHunters attempted to sell on the dark web.

If you're reading this, there's a fair chance your personal data has been compromised. Stolen. As [Malwarebytes Labs reports](#), “Earlier this week, the data of over 70 million people was posted for sale on an on-line cybercrime forum. The person selling the data claims it stems from a

The dark web cannot be reached through search tools such as Google, Yahoo! or DuckDuckGo.

It's comprised of websites where everything from drugs to guns to personal information are sold for the right price. Whether or not the stolen data came from AT&T, the wireless giant says it has started notifying millions of customers about the data thefts.

AT&T says it has already reset passwords of current customers and will be contacting others whose passwords, Social Security numbers, and possibly email and street addresses were compromised.

Prosecutors in New York are opening an investigation into the breach.

Numerous tech web sites are urging AT&T current and former customers to freeze their credit accounts at the big three credit agencies—TransUnion, Experian and Equifax.

In addition, sign up for two-factor notification on their AT&T accounts and change their AT&T password if it hasn't already been changed. Also, monitor credit reports.

This isn't the first time the phone company has had problems.

In a major AT&T outage in March, the company apologized for the disruption and offered a \$5 credit to customers.






SIGs

May, 2024 CKCS Special Interest Group (SIG) Schedule

See <https://www.youtube.com/@ckcsVideos> for recorded Zoom SIG meetings.

Larry Trivette prepared this SIG calendar. Print this page for your refrigerator or bulletin board.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 Apr	30 Apr	1 May	2 May	2 May	4 May
			10 a.m. Photography Club		10 a.m. Dr. Fix-It In-Person Only iHelp Bring your Mac, iPad, or iPhone problems or questions and we'll try to help. In-Person Only
			7 p.m. Board of Directors In-Person Only		
6 May	7 May	8 May	9 May	10 May	11 May
			10 a.m. Photography Club		
13 May	14 May	15 May	16 May	17 May	18 May
7 p.m. Tech Night Heather Prichard Lexington Public Library Digital Resources In-Person & via Zoom	7 p.m. Windows Paul Stackhouse In-Person & via Zoom		10 a.m. Photography Club		
20 May	21 May	22 May	23 May	24 May	25 May
	7 p.m. All Things Apple Brooke, Kurt, Joe Zoom Only		10 a.m. Photography Club		
27 May	28 May	29 May	30 May	31 May	1 Jun
	7 p.m. <u>Digital Photography</u> Joe Dietz In-Person Only		10 a.m. Photography Club		10 a.m. Dr. Fix-It In-Person Only iHelp Bring your Mac, iPad, or iPhone problems or questions and we'll try to help. In-Person Only



THE AMATEUR PHOTOGRAPHERS CLUB
of Lexington Kentucky

Welcome

Meetings & Events

Classes

Location / Contact Us



Visit our Facebook page to see latest photographs posted by our members.



Welcome

We are a group of amateur photographers who enjoy cameras, photography and improving our skills. Please [join](#) **The Amateur Photographers Club**.



© We are part of the Central Kentucky Computer Society

Call us today
859.373.1000
Email us
PhotoLexington@gmail.com

Address
160 Moore Drive, Suite 107
Lexington, KY 40503

Find us on

See more of our photos and current events



Windows SIG w/ Paul Stackhouse

Tips & Tricks of Windows II

Paul has been collecting some of the most useful shortcuts and lesser-known features of the operating system and will be offering them in an informal presentation.

Ample time for questions and answers will be provided.

A helpful cheat-sheet outlining many of Windows keyboard shortcuts will be offered to the participants.

When: May 14 @ 7 P.M. at CKCS

Where: In person at CKCS and on Zoom

Zoom here:

<https://us02web.zoom.us/j/82811157647>



Courtesy: Pixabay

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All Things SIG

w/ Joe, Brooke, Kurt & Janet
3 Presenters, 3 Topics

Joe

Helpful features you may not know about your iPhone Camera

1. Quick Crop
2. Text detection (capture text from your photos).
3. Add a caption to your photos
4. Take picture with a blurred background

Brooke

Learn how to edit a Live Photo

1. Change the key photo
2. Trim the length
3. Mute the sound
4. Add effects like loop and bounce.
5. Turn off the live video playback feature.

Kurt

We'll talk about iWork – several students have been asking about it in the CKCS Mac class I teach. iWork is Apple's suite containing Pages, Numbers, and Keynote. These are comparable to Microsoft Office apps—Word, Excel, and PowerPoint. Why would you want to use iWork? We'll discuss it.

May 21 at 7 P.M. on Zoom only
Zoom here:

<https://us02web.zoom.us/j/81185707914>

At this SIG, we talk about iPhones, iPads, Macs and Apple Watches.



Courtesy: Pixabay

17



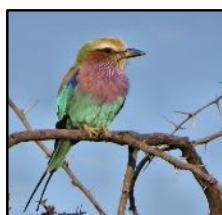
Digital Photography SIG



Digital Photography Special Interest Group
Tuesday, May 28, @7 PM
In Person Only



Look, up in the sky, it's a bird, it's a plane...
No, just interested in the birds.



Lilac Breasted Roller



Pied King Fisher

Join us as **Karen Higdon** talks about Bird Photography

1. The best places to find birds in this area.
2. The best times to look for them.
3. How to identify them using the app, Merlin.
4. Techniques to photograph the birds I find.
5. There are many parks in the Central Kentucky area that are home to many species of birds - both on the water and in the trees.
6. Come and hear about birds in the area.

This month our photo contest is "Rainbows".

Get out –Take pictures and send a great picture to Joe by May 27.

Joe's email is: joedietz@aol.com



Join us at CKCS at 160 Moore Drive on Tuesday night May 28 @7 PM. Bring a Friend.



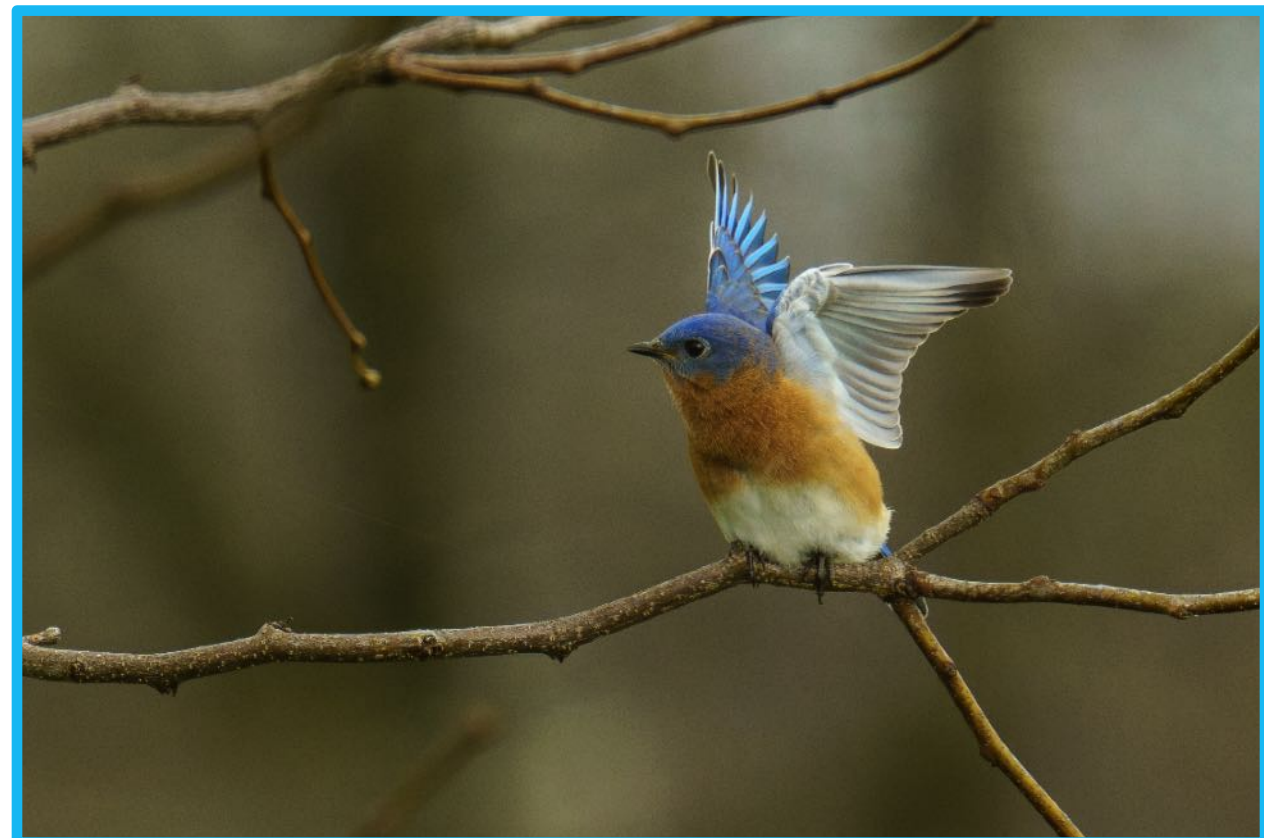
Winning Photos

CKCS Digital Photography SIG



Courtesy: Pixabay

April Topic: birds



First Place: Joe DeCapio got this shot of a male Eastern Bluebird, in his backyard in Scott County on March 6, 2024. He notes the birds have nested in a bluebird house and he's spotting them daily. He captured this shot using a Sony A7III camera with a Sigma 150-600 sports lens.





Winning Photos

CKCS Digital Photography SIG



Courtesy: Pixabay

April Topic: birds



Second Place: Ward Ransdell won second place with this photo. He tells us image is of a great blue heron having breakfast and was taken at Jacobson Park several years ago. "Had a terrific sunrise that morning which helped make the image I think. I used a Canon 90D, with Tamron 150-600 at 350mm, ISO 125, f5.6 at 1/2000," remarked Ward.



Photo Contest Topics

Digital Photo SIG Contest

May...Rainbows

June...Night sky

July...Bridges, Lexington icons,
& old cemeteries

(For July, paper copies must be
delivered in person at CKCS.)

August...Water motion

September...Workers in the field

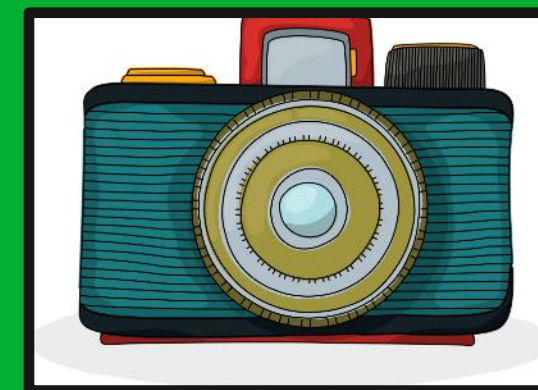
October...Feet

November...Couples

December...No contest.

Enjoy the holiday season.

*Email photos to Joe Dietz at joedietz@aol.com
no later than one day prior to meeting.*



QR Code for the CKCS Store

Use the QR Code below to register for CKCS classes or workshops.
You can also use the code to join CKCS.

If you have an iPhone running iOS 11 or later, simply open your camera app and point it at the code. Once your camera recognizes the code, a notification will appear, providing a link to the CKCS Store. Tap on the link and you'll automatically visit the CKCS Store.

If you have an Android phone running Android 9 or later, open your camera and point it to the QR code. A notification will appear with a link you can tap to visit the CKCS Store.

If you're new to QR codes, you can learn more by reading this Wikipedia article about a Japanese firm that invented bar codes in 1994 to label car parts:

[All About QR Codes](#)



Spring CKCS classes & workshops

Registration is ongoing. Remember: CKCS members get a price break.
Six-week classes cost \$60 for non-members/\$48 for members.
Workshops cost \$30 for non-members/\$24 for members.



Wednesday workshop

Intro to Powerpoint

May 8, 1–4 P.M. \$30/\$24

Learn the basics of making a PowerPoint presentation. You will learn how to insert text, pictures, drawings, shapes, and information from the internet. We will cover animation, transitions, the snipping tool, formatting the background and printing slides. Don't miss this workshop if you want to learn how to use the popular slideshow presentation app.

For a complete list of CKCS
Classes & workshops, check out
the new online [calendar](#).

The workshop above is the
last workshop starting
or held in May.

Summer CKCS classes & workshops

Registration is ongoing. Remember: CKCS members get a price break.
Six-week classes cost \$60 for non-members/\$48 for members.
Workshops cost \$30 for non-members/\$24 for members.



Tuesday workshop

Faststone Digital Imaging for Windows PC \$30/\$24

June 18, 1-4 P.M. (Note: Workshop date has moved to Tues., June 18.)

Want to improve and work on your pictures without paying a lot of dollars on a digital imaging program? Well, take a look at FastStone. It is a fairly extensive digital imaging program that is free and does a wide variety of things. In this workshop, you will learn how to dress up your pictures, crop, brighten or darken, create contact sheets, create a slide show that can include music, and a lot more. We will show you how to download the program along with a great syllabus.



Summer class & workshop details

Tuesday workshop

Intro to Windows 11 \$30/\$24

June 4, 9 A.M.–Noon

We'll look at what's new in Windows 11, changes, and how to set it up to make it more user-friendly. If you are considering installing it on your computer, this workshop might help you decide whether to install it. On the other hand, if you have already installed it, this workshop will help you set up Windows 11. Students are encouraged to bring their laptop computers if they have Windows 11 already installed. However, ensure your laptop is fully charged before you bring it to class.

Wednesday workshop

Making a Photobook using Shutterfly \$30/\$24

June 12, 1–4 P.M.

You'll learn how to prepare pictures for a photobook, how to transfer pictures to the Shutterfly workspace, and then how to organize the pictures from the front to the last page of the book. Finally, we will go through the steps for ordering the book and applying coupons to reduce the price. We will be using the app, Shutterfly.

Wednesday workshop

Using the control panel on your iPad \$30/\$24

June 26, 1–3 P.M.

Learn how to find the hidden Control Center on your iPad and customize it to make it more useful to you. Much of this workshop will be spent on explaining how to use the 26+ controls such as Airplane Mode, Airdrop, Focus, Music, and Screen Mirroring. There are many features that you may not be aware of that you'll find extremely useful.

Wednesday workshop

Using Apple iCloud for your iPhone & iPad \$30/\$24

July 3, 1–3 P.M.

Learn how to take advantage of your iCloud account. When you buy an iPhone or iPad you have an account set up in the cloud. Here is where you store copies of your photos, contacts, messages, email, and more. Students will learn how to set up this account. We will talk about downloading and uploading your files to and from your iPhone or iPad. We will also discuss how to share documents and photos from the iCloud. Acquiring more storage space will also be tackled.



Summer class & workshop details

Wednesday workshop

Organize and fix your photos on your iPad \$30/\$24

July 10, 1–4 P.M.

Learn how to navigate the photo app, make albums of your pictures, find your photos using facial recognition and location, edit your photos, lift a subject from the background, make stickers, and share your photos.

Thursday class

Computer Basics for a Windows PC \$60/\$48

June 6, 13, 20, 27 and July 11 & 18 (no class on July 4) 10 A.M.–Noon

Learn the fundamentals of using a Windows computer. Learn to use various aspects of the Microsoft Word Processing program, including manipulating text and inserting graphics into a document. Basic filing and basic file management are introduced. The final class of this course deals with the basics of email and use of the Internet.

Enrollment Procedures

We enroll students on a first-come, first-pay basis.

Use the CKCS Store

Credit card only

Look for the Sign-up link at the top of <https://ckcs.org>
To learn more, look for Instructions under the Sign-up link.

By phone

859-373-1000 Credit card only

In person

160 Moore Drive, Suite 107 Lexington, KY 40503

Cash, check, or credit card

In-person and phone times Monday to Thursday

10 A.M.– 4 P.M.

**Please consult the CKCS website for
the latest information about classes.**

Thank you!





My CKCS Resolutions for 2024

See how many of these goals you can meet this year:

- I plan to become a CKCS member or renew my membership.
- I plan to attend a CKCS SIG that I have never attended before either in person or via Zoom.
- I plan to attend at least one Tech Night in person or via Zoom.
- I plan to attend at least one Dr. Fixit or iHelp session held on the first Saturday of the month.
- I plan to register for and attend at least one CKCS class or workshop.
- I plan to tell at least one other person about CKCS.
- I plan to tell at least one other person about the CKCS newsletter that I'm currently reading.
- I plan to learn from and remember at least two new features that will benefit me on my Windows PC, Mac, iPad, iPhone, Apple Watch or Android Phone.
- I will celebrate the 40th anniversary of CKCS this September.
- This will be the year that I intend to learn – thanks to CKCS. I refuse to give up even when a new lesson turns out to be difficult or confusing. The answers are out there and I plan to make CKCS part of the answer.

I will succeed!



Experts are Asking—Could This Be the Hottest Summer in U.S. History?

By Kurt Jefferson

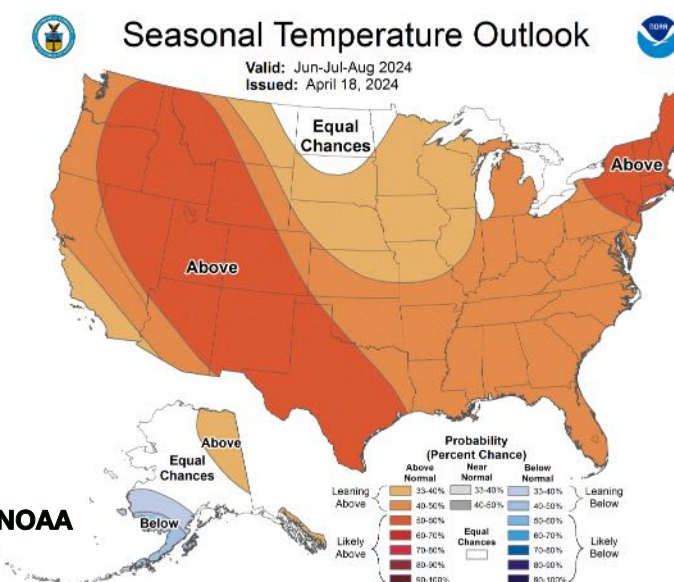
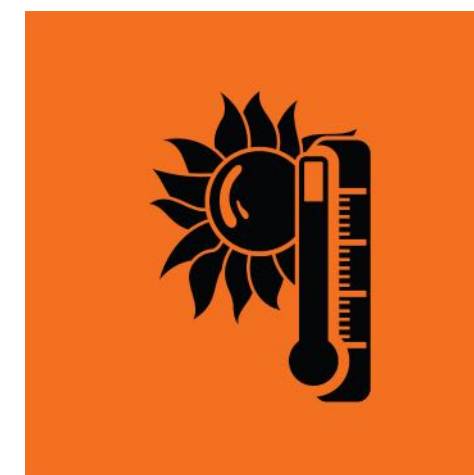
Get ready for the heat. At least that's the toasty prediction from the forecasters at the National Weather Service. The Climate Prediction Center has issued its latest seasonal temperature outlook.

It shows a strong probability of a warmer-than-normal June, July, and August for nearly the entire country – including the Ohio Valley.

All of Kentucky, Indiana, Ohio, and most nearby states are all expected to see warmer than normal conditions. Further west, all of Illinois, Missouri, Arkansas, Iowa, and Wisconsin are going to see temperatures above normal if the forecast is right.

The Ohio Valley region has a 40–50% probability of above normal heat. Odds are a zone stretching from much of west Texas to eastern Oregon have even greater chances—with a 50–60% chance of above normal temperatures during those three months.

If you want to review the risk of heat-related threats during the the heat of summer, the National Weather Service has created a HeatRisk website designed to point out where the greatest heat-related impacts might occur. You can check it out [here](#).



Courtesy: NOAA



Historic People You May Not Know

By Kurt Jefferson



Dr. Helen Taussig on the cover of *Modern Medicine* in 1963.
Source: Wikipedia.org

Despite being partially deaf as a child after an ear infection, and then becoming totally deaf as an adult, **Helen B. Taussig** didn't let that slow her down. She went on to create an entirely new medical field: pediatric cardiology.

She created a means of extending the lives of babies

born with the most common trigger behind blue baby syndrome, a situation where the skin appears blue because of low blood oxygen levels.

This was a major development and parents from all over the world began descending on Boston, where Taussig was based, for help and treatment.

By 1951, Wikipedia notes, Dr. Taussig and Johns Hopkins' new chief of surgery had performed surgery on more than 1,000 children. Wikipedia notes that the Boston clinic quickly became overwhelmed when patients and medical help from around the world came to Taussig and assisted the team saving babies' lives. Fewer than five percent died.

Dr. Taussig was born on May 24, 1898.

The next time you see a helicopter in the air, think of **Igor Sikorsky**.

He's the Russian-born aviation pioneer who is best known for his successful creation of the helicopter.



A Sikorsky S-64 Skycrane carrying an entire house in the air.
Source: Wikipedia.org

When he was 12, he built his first rubber-powered toy helicopter that flew.

By 1939, he built a VS-300 helicopter which flew successfully on its first flight.

Sikorsky kept improving his design and in 1941 won an international endurance record by staying in the air for one hour, 32 seconds.

During his lifetime, he watched the world of aviation expand beyond imagination from the Wright Brothers' first successful flight to man walking on the moon in 1969. He was born on May 25, 1889.



Historic People You May Not Know

Born on May 1, 1925, in Boulder, Colorado, **Scott Carpenter** was a Mercury Seven astronaut who took part in NASA's Project Mercury in April 1959.

As Wikipedia writes, "After the most trouble-free countdown of Project Mercury to date, Carpenter flew into space on May 24, 1962, watched by 40 million TV viewers."

Carpenter performed a number of onboard experiments and was the first American astronaut to eat solid food in space.

Carpenter also explored the ocean after meeting Jacques Cousteau.



Scott Carpenter in 1964.
Source: Wikipedia.org

Carpenter lived for nearly a month on the ocean floor off the coast of California.

His resumé lists a number of roles including astronaut, aviator, test pilot, aeronautical engineer, aquanaut and naval officer.

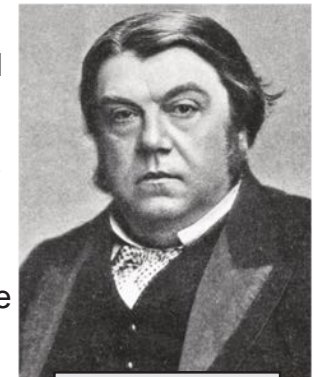
Wikipedia notes that Carpenter was severely hurt in a 1946 car crash when he fell asleep as he was heading back to college in Boulder after visiting his father and stepmother in New York. His 1934 Ford overturned after plunging down a cliff. He recovered and the University of Colorado at Boulder issued him his bachelor of science degree in May 1962.



Considered to be one of the fathers of gynecology, **Lawson Tait**, a British surgeon, was the first doctor to diagnose an inflamed appendix and remove it.

Tait developed and promoted surgical techniques that reduced numerous deaths and sepsis, a potential life-threatening condition where the body improperly reacts to infection.

Tait was born May 1, 1845, in Edinburgh, Scotland.



Dr. Robert Lawson Tait
Source: Wikipedia.org

Born on May 2, 1903, **Dr. Benjamin Spock** was one of the best-known pediatricians in the world.

His book, *The Common Sense Book of Baby and Child Care*, (published 1946) was one of the most popular books of the 20th century.

He was the first pediatrician to investigate psychoanalysis as he tried to understand a child's needs as well as his family situation.



Dr. Benjamin Spock in 1976.
Source: Wikipedia.org



Historic People You May Not Know



French engineer, Henri Pitot
Source: Wikipedia.org

If you've ever flown in an aircraft or helicopter, you need to thank the French hydraulic engineer, **Henri Pitot**.

He invented a gizmo called the pitot (pee-toe) tube,

which runs an air speed indicator (what we call a speedometer in a car), and tells the pilot how fast a plane is flying in the air.

A pitot tube is also used to gauge the water speed in boats.

His discovery occurred in 1732 when Pitot was asked to determine how fast the water moved in the river Seine.

This triggered an investigation by him into the movement of air and fluids.

He eventually became a member of the French Academy of Sciences. Pitot was born in Aramon Gard, France, on May 3, 1695.

Dr. Frank Conrad, born May 4, 1874, has been called the "father of radio." The pioneering broadcaster built a transmitter in the second-story garage behind his home in Pennsylvania.

Conrad discovered he had a large audience who had built their own crystal radio sets.



Radio pioneer, Dr. Frank Conrad
Source: Wikipedia.org

When listeners heard his broadcasts, they wanted more. He was swamped with requests for music and news. He decided to broadcast regular programming to fill the demand.

He worked for Westinghouse Electrical and Manufacturing Company in East Pittsburgh. His inspiration led to one of the first radio stations broadcasting in the U.S.—KDKA in Pittsburgh.



Historic People You May Not Know



Queen Victoria in 1882,
Portrait by Alexander Bassano
Source: Wikipedia.org

Queen Victoria reigned far longer than any of her predecessors.

She was queen of the United Kingdom of Great Britain and Ireland for more than 60 years.

Her reign is known as the Victorian era and lasted between June 20, 1837, until her death in 1901. In 1836, the British Parliament granted her the title of Empress of India.

In 1840, she married her first cousin, Prince Albert of Saxe-Coburg and Gotha. They had nine children and Victoria became known as the "grandmother of Europe." When Albert died in 1861, Victoria entered a period of deep mourning where she avoided public appearances.

During her reign, the U.K. saw dramatic changes in scientific, industrial, cultural, and military life. Wikipedia notes "she became a national icon who was identified with strict standards of personal morality."

She was known for many sayings including "I love peace and quiet. I hate politics and turmoil," and "Nothing will turn a man's home into a castle more quickly and effectively than a dachshund." She was born on May 24, 1819 and inherited the throne at age 18.

The leader of a polar expedition believed to be the first to arrive at geographic North Pole, **Robert Peary**, was born on May 6, 1856.



Robert Peary
in 1909.
Source:
Wikipedia.org

He was born in Pennsylvania, but the family moved to Maine after his dad's death.

His team arrived at the North Pole on April 6, 1909. He is credited with discovering the largest meteorite ever found while exploring northern Greenland.

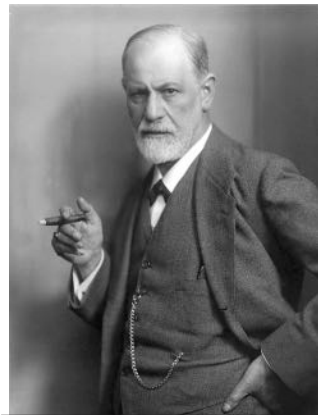
That meteorite is now in the American Museum of Natural History in New York. One feature that set Peary apart from other explorers was his use of Inuit survival techniques. He was one of the first polar explorers to study their methods and use them in his own expedition.

An African American named Matthew Henson working as a sales clerk at a men's clothing store became critical to Peary's success.

Henson had experience on the seas as a child and Peary hired him as his "first man," and relied on him extensively. After retiring, Peary received many different honors from scientific societies for his various Arctic explorations and discoveries. He is buried in Arlington National Cemetery.



Historic People You May Not Know

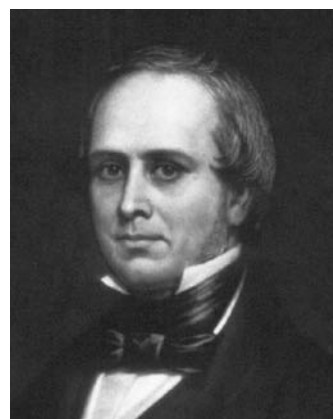


Sigmund Freud,
circa 1921
Source: Wikipedia.org

Marie Bonaparte, Austrian composer Gustav Mahler, and a man known as “rat man,” who obsessed over nightmares about rats.

Sigmund Freud, who developed a new method of treating mental disorders called psychoanalysis, was born May 6, 1856, in the Austrian Empire (now the Czech Republic.) Despite criticism, Freud’s theories lived on well after his death.

Freud treated famous patients, including Princess



Chapin Harris
portrayed in an
engraved painting.
Source: Wikipedia.org

world’s first dental journal. Efforts by Harris were one of the main reasons for the creation of the Baltimore College of Dental Surgery in 1840. He died in 1860 due to “overwork.”

Chapin Harris is a major figure in the creation of the dentistry profession. He was born May 6, 1806, in Baltimore.

He studied medicine in his brother’s Ohio office where he discovered his main interest was dentistry. He also pioneered dental journalism. He was first chief editor and publisher of the

If you’ve ever snapped instant photos with a Polaroid camera, you can thank **Edwin Herbert Land**.

He was the co-founder of the Polaroid Corporation. He invented a number of technologies including inexpensive camera filters and his Polaroid Land and Swinger cameras.



Polaroid’s ‘Swinger’
camera introduced in
July 1965 was the first
inexpensive
instant camera.
Source: Wikipedia.org

His first instant camera went on sale in 1948. Users could view their photos in

60 seconds or less.

Land unveiled his first Polaroid camera, the model 95 Land Camera, in 1948. That was one year after he introduced instant film in New York City.

Land got the idea for instant cameras after snapping a photo of his daughter on vacation in Santa Fe. She asked why she couldn’t immediately see the photo after her dad took it.



Historic People You May Not Know

Silent Spring, published in 1962, was one of the most influential books in the modern environmental movement.

Rachel Carson wrote it. She was an American biologist known for writing about environmental pollution.



Rachel Carson
in 1944.
Source:
Wikipedia.org

Carson was born on May 27, 1907, in Pennsylvania.

She began college with the goal of becoming a writer but changed her field of study to biology.

Silent Spring became a major best seller.

Despite threats of lawsuits by the chemical industry, Carson refused to back down. She believed the use of pesticides without reflecting on their impact could do major harm.

The book is still sold today on Amazon and other stores. The Library of Congress writes, “A huge bestseller when published in September 1962, *Silent Spring* led not only to many of the laws and government agencies that protect our air, land, and water, but prompted a revolution in environmental consciousness.”



Lillian Gilbreth, born on May 24, 1878, is remembered for her work to greatly improve the efficiency of workers at industrial plants and other locations.

Much of her work involved applying psychology to time-and-motion studies.



Lillian Gilbreth
in 1921.
Source: Wikipedia.org

She was the first woman engineer in the U.S. to obtain a Ph.D. Throughout the 1940s, Gilbreth was known as the “genius in the art of living.”

She worked with her husband in the new field of “efficiency in the workplace.”

Two of her 12 children wrote about their parents using efficiency methods at home. The books, *Cheaper by the Dozen* and *Belles on Their Toes*, were both eventually adapted into films.

Her pioneering work encouraged more women to enter the industrial engineering field. She made a substantial mark on industry.



Historic People You May Not Know



Harriet Quimby
in 1911.
Source:
Wikipedia.org

Pioneering aviator **Harriet Quimby** was born on May 11, 1875, in Michigan.

She was the first woman in the U.S. to receive a pilot's license and the first female pilot to fly across the English Channel.

She made the trip in just under an hour. Her accomplishment did not receive the news coverage it normally would have because she made the flight one day after the sinking of the Titanic.

She was working as a theatre critic for

Leslie's Illustrated Weekly when, in 1910, she visited the International Aviation Meet at Belmont Park in New York. While there, she was bitten by the aviation bug.

She met prominent aviator John Moisant, and took lessons at his flying school. Quimby promoted the potential of commercial aviation and encouraged many women to enter the sport of flying.

Quimby drew crowds at many air shows where she was easy to spot in her purple aviator uniform which she wore as a spokesperson for a new grape soda called Vin Fiz.

Quimby died on July 1, 1912, in a flying accident at the Boston Aviation Meet. She was only 37 when she died.



Nancy Grace Roman in her NASA office in the 1960s.
Source:
Wikipedia.org

Born in Nashville, **Nancy Roman** was the first female executive hired at NASA. She is often called the "Mother of Hubble" for her major role in planning the Hubble Space Telescope, which launched in 1990.

Hubble is the only telescope made to be maintained and repaired by astronauts in space.

Roman had a long love of outer space, having formed a school astronomy club when she was 11. It's been reported that Roman knew she wanted to devote her career to astronomy and the investigation of the skies.

She has been described as one of the "visionary founders of the U.S. civilian space program."

As Wikipedia notes, that Roman was one of four women featured in 2017 in the 'Women of NASA Lego Set'.

Of the many honors Roman received in her lifetime, she described the Lego Set as "by far the most fun." Roman was born on May 16, 1925.



Historic People You May Not Know



Elvin Stakman
In 1947.
Source:
Wikipedia.org

Apioneering plant pathologist, **Elvin Stakman** identified diseases attacking major crops and developed methods to combat them.

He used novel means of identifying crop killers and proved that plant invaders blew across the country

in the air.

Starting in the 1940s, Stakman worked to set up a cooperative program in agriculture research to create a network of research centers across the world. Stakman was born in Wisconsin on May 17, 1885.



An HP LaserJet 4200 series printer. Used via a Creative Commons license. Photo by Combuchan at Wikipedia.org

Born in Ann Arbor, Michigan, engineer **William Hewlett** worked with David Packard to create the Hewlett-Packard Company.

HP became a tech powerhouse, producing laser and inkjet printers, computers, servers, hard drives, calculators, and other devices.

Hewlett and Packard flipped a coin to determine whose last name would be shown first on HP's company name.

A young Steve Jobs, who would later co-found Apple with Steve Wozniak, interned at Hewlett Packard during a summer job, building frequency counters on an assembly line.

The company's culture became known as the HP Way, which emphasized profits while respecting and empowering its employees. Hewlett was born on May 20, 1913.

In 2015, the company was spun into two companies: Hewlett Packard Enterprise which handles business/enterprise products and HP Inc. for its printer and computer sales.



Catherine "Kate" Furbish
Source:
Wikipedia.org

One of America's most prominent botanists was **Catherine "Kate" Furbish** of Maine.

She spent more than 60 years collecting, classifying and drawing very accurate pictures of native plants growing in Maine.

She was a scientist who painted more than 500 mushrooms, and collected more than 4,000 sheets of dried plants and ferns.

She was born on May 19, 1834.

Historic People You May Not Know

Considered the founder of modern immunology, **Robert Alan Good** was an American doctor who performed the first successful bone marrow



Dr. Robert Good shown on the far right with President Nixon and other medical personnel. They met at the White House as part of the signing of the National War on Cancer Act in 1971. Source: Wikipedia.org

transplant between people who were not identical twins.

He completed the transplant from his sister to a five-month-old baby boy who had inherited an im-

mune deficiency.

Eleven male members of the boy's extended family had died because of that deficiency. After the transplant, the boy matured into a healthy adult.

Good had a noticeable limp, traced to a polio-like illness he suffered while a student at the University of Minnesota.

He didn't let that stop him, as he was known for a variety of accomplishments, including work that verified the importance of the thymus gland and the role tonsils play in development of a human's immune system.

Good was born in Crosby, Minnesota, on May 21, 1922.

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A man with Kentucky connections created a new product called condensed milk in May 1853.

Inspired by a vacuum pan he had seen in use by the Shakers, **Gail Borden** discovered how to condense milk without burning or curdling it. That way, it didn't need to be refrigerated.

His product was in high demand especially during the Civil War.

Earlier, his family had moved to Kentucky, where Borden learned the trade of surveying while his dad surveyed what later became Covington. Borden would eventually plan the layout of two Texas cities – Houston and Galveston.



An ad for Gail Borden's Eagle Brand Condensed Milk from an 1898 guidebook for travelers during the Klondike Gold Rush. Source: Wikipedia.org

Borden got the idea to develop condensed milk after two cows on a ship on which Borden rode back from London died.

Two children who drank the contaminated milk also passed away.

Gordon was born in 1801. The New York Condensed Milk Company became the Borden Dairy Company after Gail Borden died.



Historic People You May Not Know

Mary Dixon Kies is considered by many to be the first woman ever to receive a patent. She received a patent on May 5, 1809, for her new technique of weaving straw and silk with thread.

On May 22, 1906, two little-known brothers from Ohio received a patent for their "Flying Machine" with a motor. The two were **Orville and Wilbur Wright**.

Glenn Curtiss was a pioneering American aviator and motorcycle developer who helped create the U.S. aviation industry. Curtiss was born on May 21, 1878. Curtiss sold thousands of his popular wooden 'Jenny' aircraft to the military in the U.S., Canada, and Great Britain during WWI.

Curtiss was also a pioneering motorcycle enthusiast. In 1903, he set an unofficial world land record of 64 miles an hour in one mile on a V-8 motorcycle he constructed.



A Curtiss 'Jenny' bi-plane shown to students during aviation camp at Bowling Green/Warren Co. Airport in 2021. Source: Kurt Jefferson

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Born on May 22, 1859, in Edinburgh, Scotland, **Sir Arthur Conan Doyle** was a writer and a doctor who created the groundbreaking crime series about Sherlock Holmes and his confidant, Dr. Watson. Doyle was also a doctor who studied at the University of Edinburgh Medical School.



Sir Arthur Conan Doyle and his family. Circa 1923–1925 Source: Wikipedia.org





Excuse Me For Nodding Off

By Kurt Jefferson

Did you happen to see the new [Gallup poll](#) released in mid-April showing that most Americans just aren't getting enough sleep? The gist of it is over half of all Americans say they need more sleep. 57% of adults say they'd feel better if they got more sleep. Just 42% say they get as much sleep as they need.



This is nearly a reversal of the last poll in 2013 when 56% of Americans said they got enough sleep and just 43% didn't. One eye-opening bar graph shows a whopping 59% of Americans reported in 1942 they were getting eight or more hours of sleep a night. America was knee-deep into WWII by that time and yet over half of us said they got at least eight hours of sleep.

Turn the hands of the clock forward to 2023 and that number drops substantially to a paltry 26%. It turns out that young women are getting less sleep than men. Just 36% of women versus 48% of men say they get the sleep they need. Older men and women—those 65 and older—are more likely to get enough sleep. In 2023, 51% of men 50 and older say they were getting the sleep they need.

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At the same time, 44% of women who were 50 or older were getting enough sleep. The American Psychological Association says the reason many Americans aren't getting enough sleep can be traced to one six-letter word: *Stress*. Gallup reports in 2023, 49% of Americans said they frequently experienced stress in daily life.

That's the highest ever reported in a Gallup poll. 53% of women, while 45% of men reported frequent stress in 2023. Gallup notes, "Over the past 30 years, the number of Americans who are stressed has been on a steady incline after a sharp drop in 2003."

The most recent data show that nearly half of all Americans, 49%, report frequently experiencing stress, up 16 points over the past two decades and the highest in Gallup's trend to date." The county reporting the largest number of residents who failed to get the recommended seven hours of sleep nightly was in eastern Kentucky—McCreary County. The county with the fewest getting less than seven hours of sleep was Summit Co., Utah.

[Link Found Between Sleep and Type 2 Diabetes Risk](#)



Review: Sleep Troubles? Men & Women Encounter Different Issues

By Kurt Jefferson



If you're having sleep problems, they may well differ if you're male or female.

A new [review](#) published in *Sleep Medicine Reviews* reveals men have a greater chance of sleep apnea. Because

levels of testosterone start dropping at age 40, researchers believe this plays a role in men waking up more at night, higher rates of sleep apnea, and a greater period asleep with oxygen levels below 90 percent. In addition, when men are sleep deprived, they tend to eat more than women which can lead to weight issues.

Women, on the other hand, are more likely to have insomnia and reduced sleep quality. They also have a 25–50% greater likelihood of developing restless leg syndrome over their male counterparts. Researchers at Harvard University, University of Southampton, and Stanford University did the review.

Men are diagnosed with sleep apnea nearly three times more often than women, according to the research. Doctors say this is so because of the way men's upper airway is made.

Both men and women who do shift work have a greater chance of Type 2 diabetes, but men are much more likely than women to acquire it.

Connection Between Poor Quality Sleep and Anxiety Among Women

Women tend to rate their quality of sleep as lower than men, independent of their income or lifestyle. Researchers report there's a link between poor quality sleep and the fact that females are two times as likely to develop anxiety disorders. In addition, a greater percentage of women than men are diagnosed with insomnia.

The Centers For Disease Control reports that 40.5% of adults in Kentucky in 2020 got less than the recommended seven hours of sleep each night. In central Kentucky, here are the percentage of residents in area counties who failed to get seven hours of shut eye in 2018:

- Fayette, 39.5%
- Madison, 42.3%
- Clark, 42.2%
- Jessamine, 41.1%
- Woodford, 40.7 %
- Bourbon, 41.7%
- Scott, 38.9%
- Franklin, 40.1%

Researchers conclude there needs to be a much better understanding of how sleep issues differ between men and women.

Treatment for men might be entirely different for women because of their differing symptoms, circadian rhythms, and gender.

zzzz...

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Medical Studies to Digest

Medical Xpress: [Scientists Discover Neurons Help Flush Waste Out of the Brain During Sleep](#)

American Health Association: [Eight Hour Time-Restricted Eating Linked to a 91% Higher Risk of Cardiovascular Death](#)

Science News: [A New Look at Ötzi the Iceman's DNA Reveals New Ancestry & Other Surprises](#)

Medical Xpress: [Chronic Pain Linked to Socioeconomic Background](#)

American Heart Association: [2024 Updated Heart Disease & Stroke Stats \(pdf\)](#)

Northwestern Now: [Brain Power Lessens Over Time. Why Everyone Needs a Cognitive Test at a Certain Age](#)

Medical Xpress: [Researchers Find Glucose Levels of Nondiabetic People Vary More Than Thought](#)

Medical News Today: [Swapping Table Salt for Salt Substitutes May Lower the Risk of Dying Early](#)

Medical News Today: [Roasted Green Tea, a Japanese Staple, Could Boost Cognitive Performance](#)

Stanford Medicine News Center: [Twin Research Indicates that a Vegan Diet Improves Cardiovascular Health](#)

STAT: [High Physician Empathy Could Offer Patients With Lower Back Pain Lasting Benefits, Study Shows](#)

Apple newsroom: [New Apple Research Highlights the Health Benefits of Pickleball](#)

Science Daily: [Third Major Study Finds Evidence that Daily Multivitamin Supplements Improve Memory and Slow Cognitive Aging in Older Adults](#)

McKinsey & Co.: [The Trends Defining the \\$1.8 Trillion Global Wellness Market in 2024](#)

Johns Hopkins Bloomberg School of Public Health: [New Study Links Hearing Loss with Dementia in Older Adults](#)

Science News: [Procrastination May Harm Your Health. Here's What to Do](#)



A Variety of Photos To Enjoy

By Kurt Jefferson



Photos can be amazing, startling, and even enlightening. Just ask anyone who attends the CKCS Digital Photography SIG or the Amateur Photography Club. Here is a selection of interesting photos from the Bored Panda website. Explore. Enjoy. Discover.

Quotes about photos from Goodreads

- "A good snapshot keeps a moment from running away."
-Eudora Welty
- "Your first 10,000 photographs are your worst."-Henri Cartier-Bresson
- "Sometimes I arrive when God's ready to have someone click the shutter." -Ansel Adams
- "No, you don't shoot things. You capture them..."-Katja Michael



From Bored Panda



[50 Interesting Historical Photos that Might Change Your Perspective on the Past](#)

[50 Fascinating Pics of Rarely Seen Things](#)

[166 Incredible Photos You Won't Believe Are Not Photoshopped](#)

[30 of the Most Powerful Images Ever](#)

[This Japanese Artist Crafts Hyper-Realistic 3D Cat Portraits From Felted Wool](#)

[36 Vibrant Works of Art Created by an Artist That Loves to Explore Color](#)

[I Cross-Stitch Patterns that Can Be Used as a Unique Gift](#)



Don't Fall For This Texting Trick

By Kurt Jefferson

In the last month-and-a-half, I must have received at least five urgent text messages alerting me that my package to be delivered by the Post Office or UPS has been delayed.

Drats! The remedy is simple. The text urges me to click on a link and provide my personal information.

As we should know, **it's all a scam.** The Post Office and UPS do not reach out to us in this manner asking for our personal details in this way.

Plenty of us are falling for this, according to [PC Mag](#). The numbers of people who fall for this are astounding. "Traffic to US Postal Service phishing sites get more traffic some weeks that the actual USPS website," reports PC Mag.

The text messages are coming from malicious actors who are trying to trick you into giving up your personal information. And the numbers of us who respond to these bogus messages spike during the holiday season.

"During the 2023 holiday season, when we're all anxiously tracking our packages, traffic to the malicious websites outpaced the real USPS website by a fairly significant margin. Since USPS is considered a familiar brand, it's "used to trigger a feeling of familiarity and legitimacy in the target victim," Akamai says,"writes PC Mag. Akami is what's known as a content delivery company that provides a range of Internet services including hosting web

pages along with servers for cloud storage.

When you click on a link in these bogus text messages, you're opening a Pandora's box and making yourself the perfect target for criminals who would just love to sell your data for identity theft purposes.

This means someone in a faraway state or country could attempt to steal your identity and open credit card accounts in your name, file your taxes to seek your refund, or rack up a long list of unpaid bills using your name, accounts, and personal details. Some of your data may end up on the dark web, where identities, guns and drugs are sold like milk and eggs at a supermarket.

Whenever I get one of those bogus texts, I report it and delete it. I don't click on any of the links or respond. I don't need the heartache. Period.



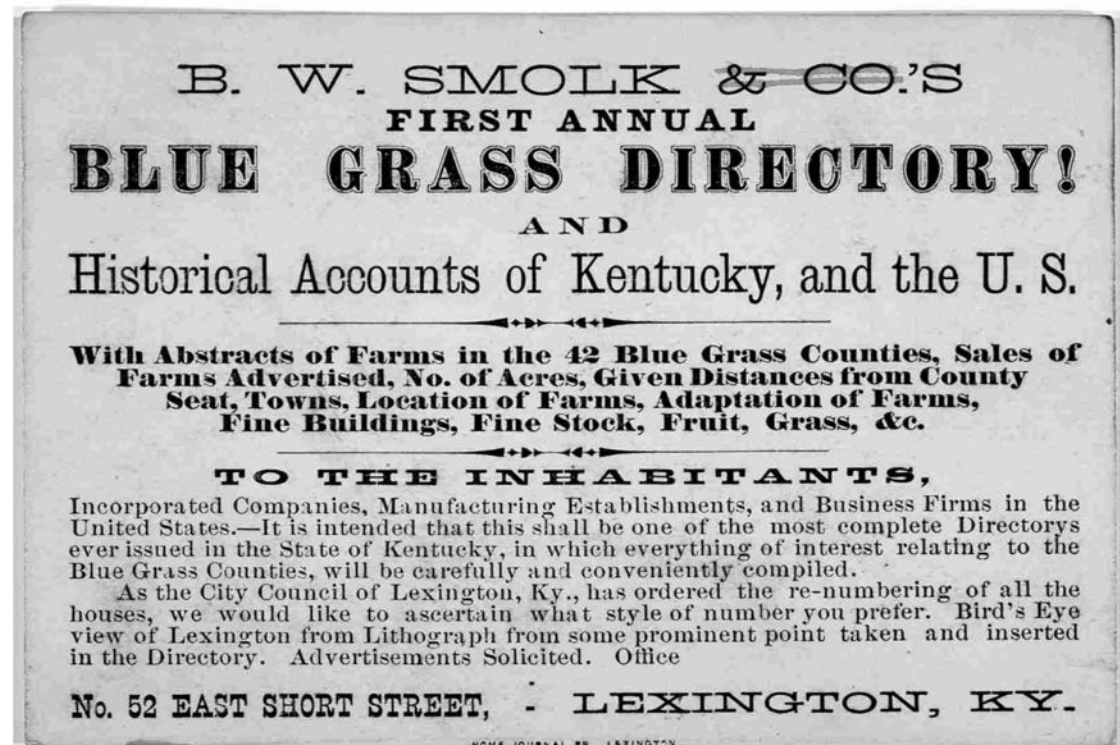
Books For a Spring Day

Book covers provided by Goodreads.com



Time Machine

[Historic Photos from the
Library of Congress and other Sites](#)



In 1870, B.W. Smolk and Co. published the first annual *Blue Grass Directory* showing a variety of information about farms in 42 central Kentucky counties. The directory also shows manufacturing plants and other businesses in the region. This notice announced to Lexington residents that the directory would be available for the first time. It notes the city council had ordered the re-numbering of numbers shown on homes in the city.

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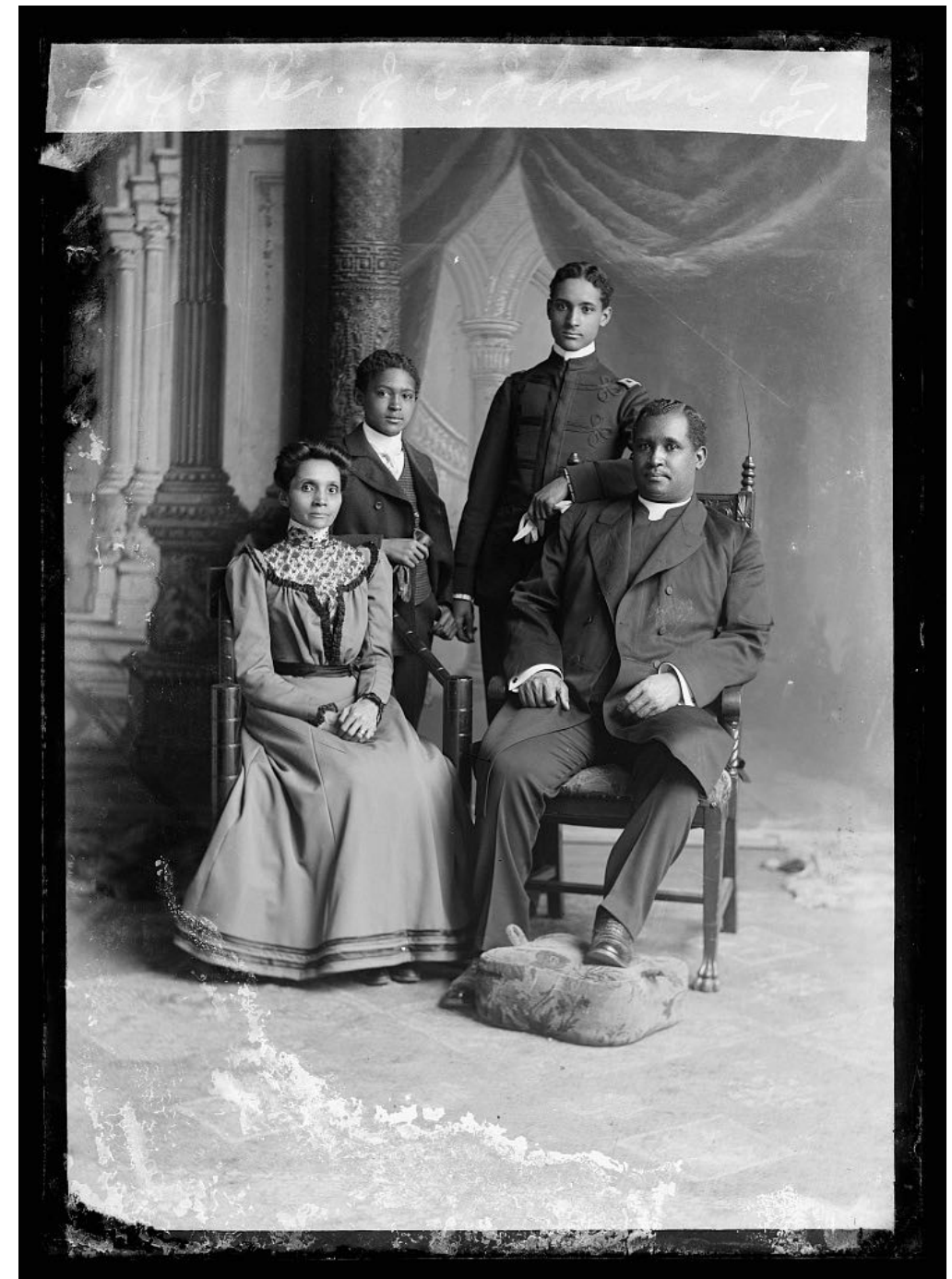


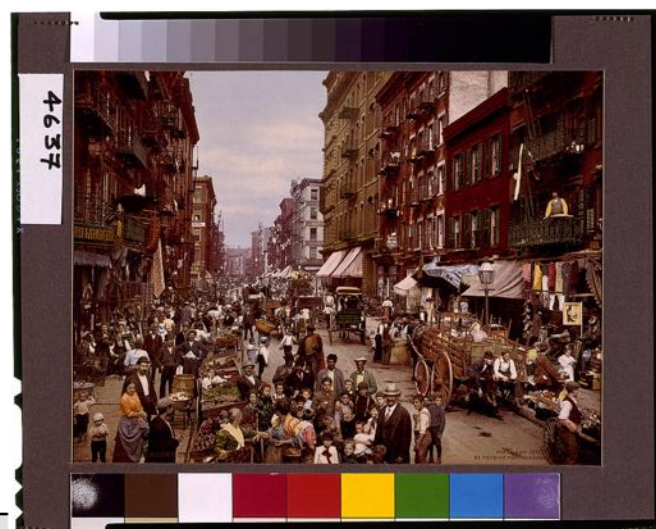
Photo taken between Feb. 1901 & Dec. 1903 shows the Rev. J. A. Johnson and his family. Bishop Albert Johnson was a bishop in the AME church, possibly located in Washington D.C. Photographer is C.M. Bell. Photo was a gift in 1975 from the American Genetic Association to the Library of Congress. From a glass negative.

45



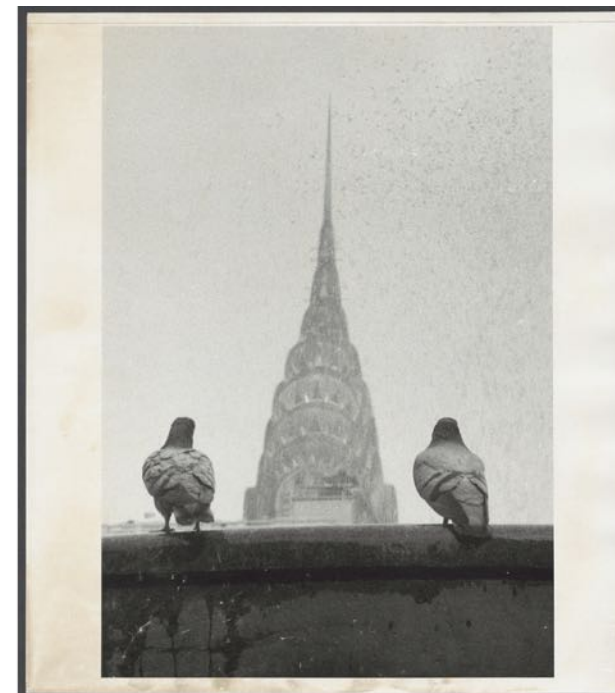


Elisabeth “Bessie” Holmes Moore (1876–1959), a young tennis champion who won her first U.S. title in 1896. She was inducted into the International Tennis Hall of Fame in 1971. Moore was born in Brooklyn and schooled in nearby New Jersey. From a glass negative.



Mulberry Street in New York City. Photo taken around 1900 by Detroit Publishing Company. A color film copy transparency. Wikipedia notes, “(Mulberry Street) is historically associated with Italian-American culture and history, and in the late 19th and early 20th centuries was the heart of Manhattan's Little Italy.”

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Two pigeons on a ledge of a building in New York City with the Chrysler Building in the background. Photo taken in June 1957. Photographer is Angelo Rizzuto (1906–1967). From a gelatin silver plate.

American singer and actress, Lillian Russell (1861–1922), wearing a monacle and a feather hat. Photo taken around 1898. Wikipedia notes, “She became one of the most famous actresses and singers of the late 19th and early 20th centuries, praised for beauty and style, as well as for her voice and stage presence; a reviewer referred to her as the “most beautiful actress of the legitimate stage.” This photoprint was copyrighted by J. Schloss.



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Sojourner Truth pictured with a small photo of her grandson, Jame Caldwell of Company H, 54th Massachusetts Infantry Regiment on her lap. He was a prisoner of war at James Island, South Carolina, between 1863 and 1865. Photo taken in 1863. Sojourner Truth was born Isabella Baumfree around 1797. She was an American abolitionist and activist for African-American rights. She was born into slavery but escaped with her infant daughter to freedom, according to Wikipedia. She went to court to recover her son in 1828 and was the first black woman to win such a case against a white man.



The Daily Kentuckian newspaper, based in Hopkinsville, was first published on April 29, 1898. It announced that it would provide “live news on every page!” It covered Christian County and the Pennyryle region and turned out six issues a week, excluding Monday, according to the Library of Congress. Readers also read its sister publication, the semi-weekly South Kentuckian. The latter lasted decades while The Daily Kentuckian’s life was short. It stopped publishing after only four months. The Library of Congress notes, “It is unclear precisely why (the publisher) chose to produce a daily since he already owned a successful semi-weekly. But the Daily’s content suggests that the decision was due in no small part to the Spanish-American War. The conflict raged from April to August 1898, coinciding exactly with the period of the Daily Kentuckian’s existence. Most of the news in the Daily focused on the war, from the battles themselves to the political activities of both the Spanish and United States governments.”



Welcome to the William Penn Diner on Route 40 (Dupont Hwy.) in New Castle, Delaware. This photo was shot by photographer Arthur Rothstein in April 1939. The restaurant was located near the county airport, so owners placed an airplane in the roof to attract pilots, aviation enthusiasts, and other visitors. The photo is from the Farm Security Administration collection and from a safety negative. We don't know how well this worked, but placing an airplane so that it juts out of the diner's roof had to be one of the most unique promotional efforts of that era.

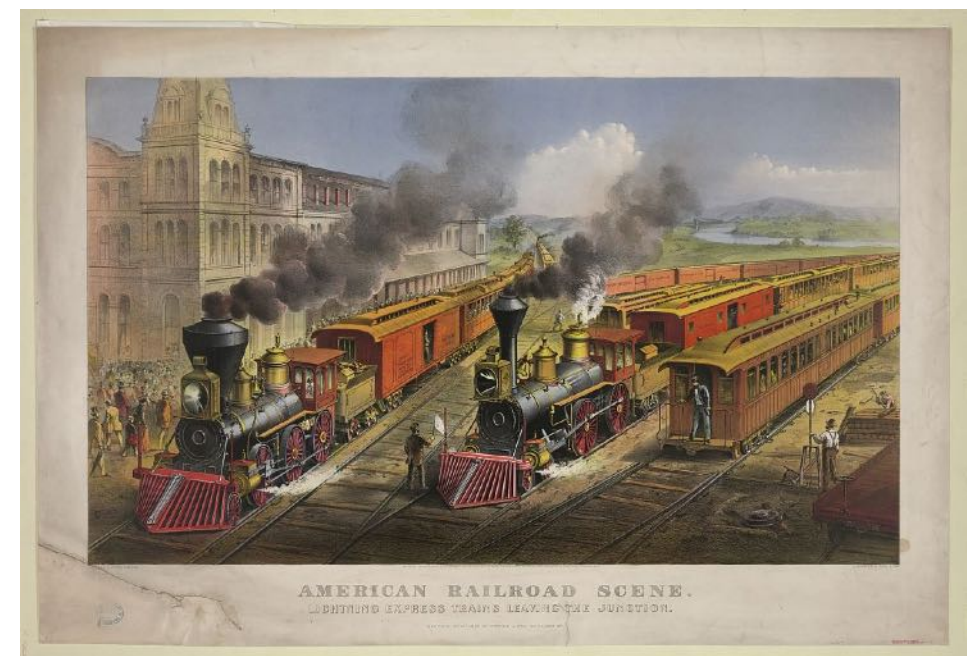


The clean-up crew and onlookers survey the wreckage of an Illinois Central Railroad car near Farmer City, Ill., in DeWitt County on Oct. 6, 1909. One person died and 30 people were hurt in the crash. International Stereographic Co. owned the copyright on this photo.

Zoboko chronicles wrecks, derailments, and floods involving the Illinois Central Railroad [here](#).

In Kentucky, the Bullitt County Genealogical Society has created a timeline of railroad mishaps occurring in that region [here](#).

Railfanning.org looks back at the 1957 Guthrie, Ky., train wreck involving the Memphis, Clarksville, and Louisville Railroad [here](#).



A Currier & Ives color lithograph called American Railroad Scene from 1874. Lightning Express trains leaving the station is the description provided.



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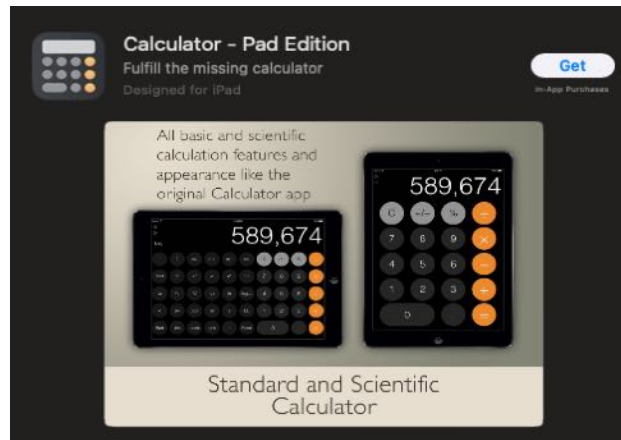
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The iPad to Get Its Own Calculator With Release of iPad OS 18?

By Kurt Jefferson



“Fulfill the missing calculator” is how this software developer describes this calculator made for the iPad available in the App Store. The popular tablet has never contained a built-in calculator and reports say that will change with the release of iPad OS 18 this fall.

Apple Finally Plans to Release a Calculator App for iPad Later This Year announced the MacRumors website recently. The article notes that iPad users can expect the built-in calculator to be available in iOS 18 when it’s released in September. This comes from a “source familiar with the matter,” reports MacRumors.

In addition, Mac users will be getting a re-vamped Calculator app, according to reports from [AppleInsider](#). Look for major changes to the app coming in macOS 15.

“AppleInsider has received new details on a massive design change Apple has planned for the Mac version of the Calculator application. According to people familiar with the matter, Apple is internally testing a significantly enhanced version of its Calculator app that goes by the codename “GreyParrot” — an unmistakable reference to the African Gray parrot, which is a species of parrot widely known for its intelligence and cognitive abilities.”

The lack of a built-in iPad calculator has convinced many software developers to produce a variety of calculators-with a wide variety available in the App Store. There are dozens of calculators, from simple to scientific, already for download. Dozens of different calculators have been created to fill the void.

Some reports say former Apple CEO Steve Jobs balked at including a built-in calculator on the iPad when it was first released on April 3, 2010. The company had considered including the built-in iPhone calculator on its tablet, but there are reports indicating Jobs hated its appearance on the iPad.



Editor’s Notes

By Kurt Jefferson

Never stop learning. Those three words could be the phrase to describe the mission of CKCS. So I decided to follow that message and learn a new app to create the May newsletter. What I’ve been using is a very good desktop publishing and page layout package but I wanted to learn a more complex app on the level of Adobe InDesign or Canadian-based QuarkXPress.

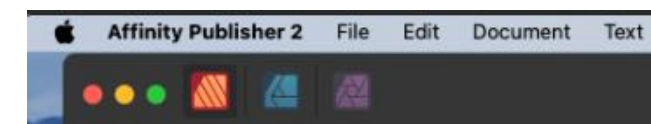
take the crown - or at least significant market share - away from the sector’s current dominant power.” As to be expected, it also has a bit of a learning curve even if you’ve used desktop publishing packages before.

So if you spot parts of this newsletter that look a bit different or “off,” chalk those up to the learning curve which I am still trying to master.

First, some quick history. InDesign is the successor to PageMaker, which Adobe bought in 1994. PageMaker was the killer app, along with Apple’s laser printer, that created the new field of desktop publishing. For the first time, anyone who bought a Mac, PageMaker, and a laser printer back in 1984, could create professional publications from their home. Before that time, folks who wanted to produce sharp-looking creations had to pay a professional printing company to do the work.

The company that produces Affinity Publisher also makes Affinity Photo 2, which competes head-to-head with Adobe Photoshop and Affinity Designer 2, competing directly with Adobe Illustrator. These are professional apps that don’t require a subscription fee, yet are periodically updated. Affinity Publisher is made for the Mac, iPad and Windows PCs.

Learning a new software package is never easy. Thanks to pure determination, a large number of YouTube videos explaining software features, and, deadlines, I will get through this. Please bear with me as you spot remnants of the learning curve.



Affinity Publisher 2 is labeled a “page layout and design powerhouse” by Techradar Pro.

TopTenReviews writes, “Affinity Publisher is a full-featured, pro-grade desktop publishing program that has the potential to

